**Pupil A:** Today we’re doing a Diamond-9 activity. The topic is ‘Life Essentials’. We each have 13 cards to start with and we have to all pick nine. Those cards are: family; exercise; oxygen; medicine; water; health; plants and animals; food; home; sleep; clothes; love; and money. And we have two blank ones to add anything on. And now we’ll discuss it.

**Pupil C:** I think water first, because water keeps you going, gives you exercise and it is healthy for you. What do you think about that, Dorian?

**Pupil B:** I agree. Water keeps you going over hot places like deserts. And it stops you from dehydrating. Do you agree, Julia?

**Pupil A:** I agree. I put it at the top because I think if it’s really warm like it was yesterday, then you would need quite a lot of water.

And I also think food’s really good because it also gives you lots of energy and everything so you can really just have it and then you can just be on the go, just like water. I always carry a bottle of water when I’m on the go. What do you think, James?

**Pupil C:** Yes, I agree, on my second line I have food as well because food keeps you on the go as well as health and water and stuff like that. Do you agree, Dorian?

**Pupil B:** I agree, food's on my second line and all. I go for food because it’s good and some of it is healthy and it stops you from starving. Do you agree, Julia?

**Pupil A:** Yes, I also think, like, clothes are good because if it's really cold, and you just have a piece, like a coin, just enough money to buy a coat or anything. Then you can get one to keep you warm so that if it's cold you will be nice and cosy. What do you think, James?

**Pupil C:** I agree with that, if you have money and you only have, like a pound or something and you've got enough for a coat or something - you can get a coat that's nice and warm for you and if it's cold you can just get the coat. Do you agree, Dorian?

**Pupil B:** I agree because if you had money you could get tents, or sleeping bags or money for wood to make yourself a wee hut. Do you agree, Julia?

**Pupil A:** Yes, I think money is also very good because as you said, you can make yourself a wee hut out of wood or you could buy an axe and chop down the trees to make wood, like to make the hut out of logs like a log house - then you can have a log cabin. You would have to be careful with the fire. Cos you know how it's wood. You’d have to be careful with it. So what do you think about that, James?

**Pupil C:** I agree because if you do have money you can buy something and if you buy something that's nice and warm for you, you can just go into it like a sleeping bag that's nice and warm for you, you can use that to go into if you're cold and it's a cold day. Do you agree, Dorian?

**Pupil C:** I agree. I put oxygen as one of my seconds because you'll need oxygen to…go on the go. If you didn't have oxygen there'll be no plants or any trees or any humans. There'll be nothing but gas and carbon dioxide. Do you agree, Julia?

**Pupil A:** I don't agree because the trees actually make oxygen and the atmosphere keeps it all in, so even if there was no oxygen then there would still be… it would be made by the trees. It's called photo… photosynthethis.

**Pupil B:** Photosynthesis.

**Pupil A:** Yes, that’s it! I can't say photosynthethis properly! Do you agree, James?

**Pupil C:** Yes, I agree with you, Julia, because if there was oxygen you can keep on the go and if there's no oxygen, you can just still keep on the go. What do you think, Dorian?

**Pupil B:** I agree with you and if there's no trees - that will be a bad thing for the earth's climate. Do you agree, Julia?

**Pupil A:** Yes, I do, but I also think that pets are good, or… plants and animals is on one of my third lines. I think they're very good because if you are on a farm then you won't need a lot of money because you would be able to eat your eggs and you can have milk for your yogurt and stuff like that. And you'll have bananas and stuff like that growing on trees and anything so you'll have all your fruits and veg growing on your farm and everything.

**Pupil C:** And meat.

**Pupil A:** And you’ll have meat. You'll have all that sort of stuff and you can have soup because you can make vegetable soup and stuff like that. So what do you think about that, James?

**Pupil C:** I agree with you, Julia, because if you do have a farm you can just get the eggs from the chickens and you can make lentil soup if you have… When you get the veg when you’re growing them and the crops you can just easily go up and pick them and when the apples are growing on the trees you can easily just go and get them as well so you can eat them. What do you think, Dorian?

**Pupil B:** I agree and plants can make fruit and veg and stuff and animals can do food for you and animals are food for you. Do you agree, Julia?

**Pupil A:** Yes, and I also agree because if you need a little bit of money for a new blanket or a new jacket or some new boots because your old ones are worn out you can sell eggs or stuff like that to get money to get that sort of stuff. You can make a wee stand outside. And then you could sell your eggs and your apples and stuff like that. Fresh from the farm! What do you think, James?

**Pupil C:** I agree with you, Julia, because that is true. You can just sell the stuff and you can get stuff like cattle and stuff like that. Do you agree, Dorian?

**Pupil B:** I agree. I put love on my third one because if there was no love you wouldn’t have a family and your family would just leave you and you need your family to get you through until you’re 18. Do you agree, Julia?

**Pupil A:** Yes, but I haven’t put it on my third line, I’ve put it on my fourth line because I think other things are more important like sleep, clothes, plants and animals, health, food and water. I also think that money’s really good for you, but... Money’s good for you for life but I put it on my last line because you won’t really need it if you have a farm or something because you’ll have all your eggs and everything but money would be quite good for you if you didn’t have any veg. If it was winter you would need fresh… If they weren’t growing any more and you only had a few apples, then you would need money to buy other foods. And you would also need money to buy shoes and coats and hats and clothes and stuff like that. What do you think, James?

**Pupil C:** Yes, I agree because money is good because when you need clothes and shoes and stuff like that and jackets you can just go to a shop and buy them and you can easily just get the stuff that you need at the shop like a hat or gloves if it’s too cold. Do you agree, Dorian?

**Pupil B:** I never put money on my diamond card because money’s the less importantest thing in the world to have because family and food and love and health are more important than money. Do you agree, Julia?

**Pupil A:** No. I put money on because you wouldn’t have any money to buy medicine to keep you healthy or if you didn’t have a farm you wouldn’t have any money to buy food. Or you wouldn’t have any money to buy sleep, to buy a bed or anything. So you wouldn’t really have anything…without money. What do you think, James?

**Pupil C:** I agree with you, Julia, because if you don’t have… If you have money you can just buy stuff, and you get stuff that you need like food or something like that. And if you’re hungry you can just go to a shop and get food. Do you agree with this, Dorian?

**Pupil B:** See that money gets you clothes and stuff? And then you have no money left – what would you have to do then?

**Pupil C:** I think you would have to sell stuff that you used to have. Just sell stuff, like, if you used to have clothes, old clothes that you didn’t use to use and they’re still ok, you can just sell them as well. Do you agree, Julia?

**Pupil A:** Yes, but I have just swapped love for exercise because if you didn’t have exercise you wouldn’t have health so exercise is really, really important for you. ‘Cause if you didn’t have exercise then you would be like… [SHE SIGHS] and you’d probably just eat sweeties but not get off the couch if you didn’t have exercise. So basically I think exercise is really, really good for you so that’s why I’ve put it on my diamond. What do you think, James, about exercise?

**Pupil C:** I agree, because I’ve just swapped exercise… What you just said there us true because if you are bored you just go out and get some exercise, like go jogging and cycling and running and stuff like that. Do you agree with us?

**Pupil B:** I agree because exercise makes you faster, stronger and it helps you eat healthier food.

**Pupil A:** James, I think you were really good at talking really loudly but I really enjoyed talking with you and discussing stuff with you but maybe you could just face people next time? You just [SHE LOOKS DOWN} go down like that. If you just face people next time? But you were really good, did really well. Well done.

**Pupil C:** I think, Dorian, you did really well with the speech with water and plants and animals, if you had them, on your sheet if you said them. I think you could talk a wee bit louder if that’s ok, but you done good with the diamond-9 sheet.

**Pupil B:** Julia was really good at her speeches and giving good points, good reasons about stuff.

**Pupil A:** You were good at giving good reasons as well, Dorian. Well done.