

**SHARE THE
LEARNING...**



**COOKING IS FUN,
IT'S BETTER WITH
TWO THAN ONE!**

**WAROUT PRIMARY SCHOOL
MALCOLM ROAD
GLENROTHES**

KY7 4JX

(01592) 583468



**Warout
Friday
Foodies
Programme**

**Morning Session
9.15-11am**

**Afternoon Session
1.30-3.15pm**

Session Aims

Through this planned programme, you will have the opportunity to engage with your child in our purpose built kitchen facility.

Over the 4 weeks we can all learn new skills together and share our knowledge to support each other.

We will have the opportunity to explore new foods and cooking techniques that are sure to impress our families at home.

Help us create

- Confident Individuals
- Effective Contributors
- Responsible Citizens
- Successful Learners

Recipes for the Week examples may include...

Session 1	Chicken Curry Lentil Dahl
Session 2	Sweet Potato Soup Macaroni Cheese
Session 3	Bread Rolls Spaghetti Bolognese
Session 4	Potato & Leek Soup Chicken Stir Fry

During each session...

- Talk through the aims of the class
- Create family friendly dishes
 - Plan meals
 - Share recipe ideas
- Enjoy tasty food together
- Take home new recipes to try at home

