

**1 'Feel Good FRIDAY' PROGRAMME**

DEVELOPING LEADERSHIP SKILLS  
**CONFIDENCE**  
SELF-ESTEEM

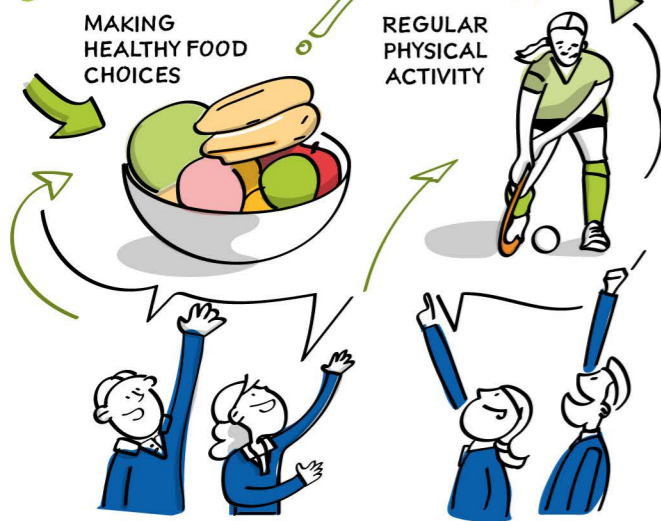
**Children in Primary 7**  
PLAN AND DELIVER LEARNING

CHILDREN **BENEFIT** FROM THIS PLANNED APPROACH, based on the WELLBEING INDICATORS



SUPPORTED BY A TEACHER

**CONFIDENT CONVERSATIONS**



**INCHTURE PRIMARY SCHOOL**

Children's wellbeing, confidence and self-esteem benefit from **EFFECTIVE APPROACHES** to the WELLBEING INDICATORS and **POSITIVE RELATIONSHIPS**

**2 CHILDREN'S STRONG UNDERSTANDING of the WELLBEING INDICATORS**



**CHILDREN**



All children complete a wellbeing web self-assessment (TWICE PER YEAR)

WELLBEING WEB COMPLETED



**FOCUS on BUILDING RESILIENCE**

**TEACHERS**

use these assessments to plan highly-effective support for individuals



**HEADTEACHER**

uses this information to plan whole-school supports



**FOCUS on OUTDOORS PROGRAMME**



**DIGNITY and RESPECT**  
For children and families

Effective ENGAGEMENT with children TO CREATE

**POSITIVE relationships POLICY**

**3**

Benefit from **VERY POSITIVE RELATIONSHIPS** with adults and each other

TO MANAGE emotions and **BEHAVIOUR**

