

## Judy Murray Tennis Resource - Equipment

This list of equipment can be used to support practitioners when planning for delivery of the Judy Murray Tennis Resource.

### Balloons

Tip: blow the balloons up fairly big to ensure success as they move more slowly. Good quality balloons will last longer.

Example: [Balloons - click here](#), pack of 100 for £6.99 or most local supermarkets

### Chiffon Squares

Tip: 40cm x 40cm 'juggling squares' work best – anything larger than this size will make the activities less effective

Example: ['Chiffon Squares' - click here](#), pack of 6 for £7.78

### Fluff balls

Tip: perfect for small hands (lower Primary age) and do not roll away

Example: [6.5cm Fluff balls - click here](#), pack of 6 for £3.14

### Bean bags

Tip: bean bags do not roll away, can be passed in the air and slid along the gym floor – great for track, send, receive and judging height, direction and distance. Always use bean bag exercises before introducing a ball.

Example: [10x15cm bean bags - click here](#), pack of 6 for £4.99

### Mini rackets

Tip: 21inch for Primary and 23-25inch for Secondary (better too small than too big)

Example: [Rackets - click here](#), 1 racket for £13.99

### Tennis balls

Tip: use sponge balls for indoors and low pressure balls for outdoors. Low pressure balls start with red ball (easiest) and progress to orange and then green ball before the full yellow ball. If you were you to purchase one tub of balls for primary, we would suggest red and for secondary delivery, we would suggest orange.

Example: [buckets/ multi buy options - click here](#)

**Cones** – Example [for cones - click here](#), pack of 50 for £9.95

**Lines** – Example [for lines - click here](#), pack of 24 for £23.99

**Hoops** – 76cm. Example [for 76cm hoops - click here](#), pack of 12 for £32.39

**Barrier tape** – any type of barrier tape. Example = [for barrier tape - click here](#), roll for £3.79

**Hooter** – Example [for hooter - click here](#) - £3.35

**BONUS:** Equipment pack in large hold-all combining some items from above and ideal for delivering as stations in Primary Schools. Includes x1 Kit Bag, x9 Rubber Tennis Court Lines, x9 Hit Mitts, x9 Sponge Balls, x9 Fluff Balls, x9 Chiffon Squares, x8 Cones, x100 Balloons, x2 Chinese Ropes, x2 Skipping Ropes, x2 Foam Frisbees, x100s stickers, x1 Bunting, x1 Billie the Ball Dog & x9 Miss-Hits Bats. [for equipment pack - click here](#) for £250.

NB: This is a suggested list with examples of appropriate resources and is not an endorsement of any company or business.