

Appendix 3: Project Beginning Questionnaire

**Food for Thought School Questionnaire (October 2022)**

Name of pupil: \_\_\_\_\_ Date of survey: \_\_\_\_\_

	YES	NO
I eat some vegetables.		
I eat some fruit.		

Tick any fruit and vegetables the young person eats.

	Raw only	Cooked only	Raw and cooked
Strawberries			
Blueberries			
Raspberries			
Plums			
Cherries			
Grapes			
Bananas			
Melon			
Blackcurrants			
Oranges			
Kiwi			
Satsumas/tangerines			
Apples			
Pears			
Pineapple			

	Raw only	Cooked only	Raw and cooked
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Garden peas			
Mangetout / pea pods			
Carrots			
Potatoes			
Tomatoes			
Broccoli			
Cauliflower			
Green beans			
Spinach			
Lettuce			
Cucumber			
Peppers			
Onions			
Squash			
Neeps			
Aubergine			
Sweetcorn			

## Food for Thought School Questionnaire (October 2022)

Name of pupil: \_\_\_\_\_ Date of survey: \_\_\_\_\_

This table will be used to evaluate the child's starting point in school.

What skills can the young person use?

Skill	With support	Without support
Chopping		
Grating		
Mixing		
Mashing		
Weighing using scales		
Measuring using spoons		
Stirring		
Any others:		

Please use this space to make suggestions, add any fruit or vegetables your child eats, notify me of allergies etc.