Ideas for providing: holistic family support and engaging parents



During lock down

Telephone calls

Text messages

Zoom, Skype, MS Teams meetings (one-to one and group)

Food parcels delivered weekly

Doorstep conversations (consider privacy issues)

Online family quizzes or scavenger hunts

During recovery

Ideas for: engaging and supporting young carers



During lock down

Telephone calls

Text messages

Zoom, Skype, MS Teams meetings (one-to one and group)

Group Zoom: Home-Made Bingo, Scavenger Hunts, Stop the Bus & other Games

During recovery

Walks in the garden or park

Gazebo Groups: outdoor small group discussions observing social distancing