

## Evaluation of Food for Thought Project Phase 5

### 1. Introduction

<b>Establishment</b>	Garnetbank Primary School
<b>Local Authority</b>	Glasgow City Council
<b>50 word summary about your project including initial objectives</b>	Objectives: Teach cooking skills, promote healthy eating choices and encourage children to develop and interest in homemade food.  Children create video recipes and share them on Youtube channel.
<b>Main tags (please delete / add)</b>	Primary Food and Health Equalities and inclusion Parents Developing Young Workforce CLPL

### 2. Current developments:

<b>What stage are you at with your project now</b> (Food for Thought should be a long term, sustainable, on-going project so this will indicate where you are in the 'journey' )	<p>The P3 class have set up and launched the Youtube channel KIDS COOK, posting 7 videos so far. The children are able to construct their recipe videos with some assistance. They can:</p> <ul style="list-style-type: none"> <li>• Create / select recipe to film using knowledge of food groups and what constitutes 'healthy' food</li> <li>• List ingredients required</li> <li>• Set up camera / tripod</li> <li>• Frame shot</li> <li>• Use knives / hob safely</li> <li>• Storyboard steps of recipe</li> </ul> <p>All of the children in the school have been introduced to the channel through class presentations and 'how to find us' demo. The channel is also being promoted</p>
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	weekly on our school twitter feed and monthly newsletter.
<b>What is the (intended) long term impact of your project?</b> (what would you like to see in 5+ years)	<p>In the long term it is hoped that the KIDS COOK project will become a well-established and pupil-led entity within the school, used to promote HWB in a number of ways.</p> <ul style="list-style-type: none"> <li>• <b>A stimulus to encourage cooking in classes at school and at home with parents</b></li> <li>• Led by a focus group of pupils, allowing them to develop advanced ICT skills (such as video editing) relevant to the wider world of work</li> <li>• Skilled group members training new recruits, increasing the number of children with these skills and allowing project to be sustainable through the years</li> <li>• Incorporating other areas of HWB into videos in order to promote particular aspects or make connections e.g. 'hygiene when cooking' or 'growing your own veg'</li> </ul>
<b>Any challenges? How were they overcome?</b> (if applicable)	<p>When we first launched the channel there was a lot of 'buzz' around the school and the first couple of videos had a lot of views. As the initial excitement has died down and with other events in school taking a spotlight, it has been harder to attract viewers and the later videos have fewer views.</p> <p>I think the key is to keep looking for ways to promote the channel in different ways. In January the group is going to plan a few events in school to give it more presence. We're also hoping for a little bit of press attention so writing some letters / emails to public figures, asking for their support.</p>
<b>Best piece of advice</b> (what others would really benefit from knowing)	I have been given a regular slot out of class every week to do this so even when school life gets hectic, there is always a time for me and the children to dedicate to this project. This has been extremely valuable in making sure that it can be sustained. If HTs have the opportunity to spare 1 hour cover per week it really will make all the difference.
<b>Previous funding</b> (if your establishment has received FFT funding before, how has Phase 5 funding helped to build on previous project(s) if at all?)	n/a
<b>Wider HWB context?</b> (eg. links to wider	<p>(See above for more detail)</p> <ul style="list-style-type: none"> <li>• Developing skills and attributes relevant for the</li> </ul>

<p>activities, projects, plans)</p>	<p>wider world of work</p> <ul style="list-style-type: none"> <li>• Encouraging leadership in pupils</li> <li>• Collaborative learning and sharing skills between pupils</li> <li>• Including recipe ideas from pupils across the school</li> <li>• Celebrating cooking being done in the home</li> </ul> <p><i>• Future videos linked to other HWB e.g. hygiene, growing veg, food and emotions</i></p>
<p><b>Partnerships</b> (employers, industry, organisations etc. – please expand to provide detail of how well this has worked)</p>	<ul style="list-style-type: none"> <li>• Education Scotland film maker Ali - an insight into filmmaking from a professional</li> <li>• Tesco – kind donations of ingredients, initiated by children</li> </ul> <p><i>• Future collaboration with school Garden Club</i></p> <p><i>• Hopefully gathering support by public and food industry figures</i></p>
<p><b>Watch this space!</b> Where are you going next with the learning related to Food Education?</p>	<ul style="list-style-type: none"> <li>• Training individual children to edit videos independently, then getting them to train others</li> </ul> <p><u>Ideas For Utilising and Promoting Project</u></p> <ul style="list-style-type: none"> <li>• Cooking at home – display in school / pics on website / celebrate during weekly assemblies with certificates</li> <li>• Whole school cooking initiatives – cookalong in class, with particular ‘push’ during Health Week</li> <li>• Design your own recipe competition – winner to join focus group for a week to film</li> <li>• Collaboration with Garden Club</li> </ul>
<p><b>Quotation(s) if applicable commenting on your project</b> (eg. head of establishments, Local authority representative, young person, parent )</p>	<p>“It’s good that you learn how to cook and when you grow up you can teach your family” Meher P3.</p> <p>“Me and my mum are going to make the stuffed peppers on Sunday!” Hisham P3</p> <p>“I made my own cooking youtube channel after watching KIDS COOK!” Yoan P7</p>

### 3. Is there anything that you would like to share with other practitioners?

<p><b>Resources</b></p>	
<p><b>Web links</b></p>	<p>KIDS COOK channel: <a href="https://www.youtube.com/watch?v=jqcP_IAuiks">https://www.youtube.com/watch?v=jqcP_IAuiks</a></p>

