

GIRFEC diagrams - text versions

Text version of the wellbeing wheel diagram

Staff use this wellbeing wheel to assess your child's wellbeing across all eight areas, and to identify what's good in a child's life and whether there are any areas where support is needed.

The wellbeing wheel shows eight wellbeing indicators:

- Healthy Having the highest attainable standards of physical and mental health, access to suitable healthcare, and support in learning to make healthy and safe choices
- Achieving Being supported and guided in their learning and in the development of their skills, confidence and self-esteem at home, at school and in the community
- Nurtured Having a nurturing place to live, in a family setting with additional help if needed or, where this is not possible, in a suitable care setting
- Active Having opportunities to take part in activities such as play, recreation and sport which contribute to healthy growth and development, both at home and in the community
- Respected Having the opportunity, along with carers, to be heard and involved in decisions which affect them
- Responsible Having opportunities and encourage to play active and responsible roles in their schools and communities and, where necessary, having appropriate guidance and supervision and being involved in decisions that affect them
- Included Having help to overcome social, educational, physical and economic inequalities and being accepted as part of the community in which they live and learn
- Safe Protected from abuse, neglect or harm at home, at school and in the community.

These appear in a wheel, surrounded by the four capacities of Curriculum for Excellence (Successful learners, Confident individuals, Effective contributors and Responsible citizens) and with the following text at the centre: 'Best start in life: Ready to succeed'.

Text version of the My World triangle diagram

Staff use the 'My World Triangle' to understand a child or young person as a whole and to get a better picture of their needs.

The diagram shows a triangle in front of an image of the globe ('My world'). Each side of the triangle carries a statement which connects with a series of related statements or phrases:

- How I grow and develop
- Being healthy
- Learning to be responsible
- Learning and achieving
- Becoming independent, looking after myself
- Being able to communicate
- Enjoying family and friends
- Confidence in who I am

What I need from people who look after me

- Guidance, supporting me to make the right choices
- Everyday care and help
- Knowing what is going to happen and when
- Keeping me safe
- Understanding my family's history, background and beliefs
- Being there for me
- Play, encouragement and fun

My wider world

- Support from family, friends and other people
- School
- Local resources
- Enough money
- Comfortable and safe housing
- Work opportunities for my family
- Belonging

Text at the bottom of the diagram says: The whole child or young person: Physical, social, educational, emotional spiritual and psychological development.