

Cluster Connections

Aim: For participants to make connections geographically and to take part in a physical warm-up. The activity can also be used as an ice-breaker. It will enable participants to gain some knowledge about the new people they are encountering. Similarities among participants may emerge. This should then prompt discussion.

Steps

1. Clear the space and put down a marker in the centre of the floor and say that the marker represents where you are at the moment (e.g. our town community centre). Consider what you will use for a marker.
2. Ask the participants to stand where they live and share discussion based on this. You may find people live close to others in the group and begin to make connections.
3. Once you have a visual representation of where everyone lives within the community it will allow you to make connections. Think of questions that may prompt discussion. Is there a part of the town not represented? Why is this? Does this spark a story?
4. Show them where North is and ask them to stand where they were born in relation to the marker and current location. Verbally share this. You could also ask where their parents/guardians/wider family have come from. You may find you have people with connections to distant places.
5. Ask participants to stand where they would like to live. You may find some will stay where they are. Others may find they have similar interests.
6. Finally reflect on the task and what discussion it has prompted. Have people made any connections or found out information about each other, if so what? How might this information be useful to your Transform?