

Building the Curriculum 4: *Skills for Learning, Life and Work*

Overlapping clusters of skills:

- Personal and Learning skills
- Skills for Health and Wellbeing
- Personal learning planning
- Career management skills
- Leadership
- Physical co-ordination and movement skills
- Skills for enterprise and employability
- Thinking skills (remembering, understanding, applying, analysing, evaluating, creating)
- Literacy and Numeracy
- Five core skills of communication, numeracy, problem solving, information technology and working with others
- Essential skills (that include all of the above)
- Vocational skills