**YOUTHLINK SCOTLAND**

**YOUTH WORK IN SCHOOLS**

**PROFORMA**

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| **Good Practice Example:**  | **Scottish Sports Futures - Jump2it** |
| **Name & Address of School:**  | **St Rose of Lima****295 Mossvale Rd****Glasgow** **G33 5QS****St marys - 2 Kilmun Street Glasgow. 0141 946 6766** |
| **LA/Youth Work/Voluntary Sector Contact:**  | **Lynsay Gray****Scottish Sports Futures****Jump2it Manager****lynsay@ssf.org.uk** |
| **Head teacher or Main School Contact (with designation):** | **St Mary's Mrs Duffy****St Rose of Lima – Fergus Donnelly**  |
| **Main Focus of Partnership Work (time limited or ongoing/targeted or open provision). Please describe the type of work undertaken:** |
| Jump2it is a health and citizenship led programme delivered annually to participating primary schools by Scottish Sports Futures. Last year SSF delivered to more than 100 primary schools across 6 local Authorities.In partnership with schools, active schools, professional athletes, local sports clubs and governing bodies the programme is targeted at p5-p7 pupils working with as many as 100 young people per school.The programme introducing sporting role models to deliver health and wellbeing modules including:* Bouncing Back from Failure
* Healthy Eating
* Get Ready for Work
* Knife Crime
* The dangers of smoking
* The dangers of alcohol
* The importance of physical activity

Jump2it includes:1. **ROADSHOW** - One half-day in school for up to 100 pupils (1pm-3pm) the road-show is an activity/health session led and delivered by 3 Glasgow Rocks pro basketball players plus one athletic role model (female where possible). The afternoon rotates pupils around 3 of the following topics:alcohol awareness, no smoking, healthy eating, ready to work, bouncing back, No Knives Better Lives, Bullying and 1 practical basketball in a learning station format..
2. **COACHING** - 6 hours basketball coaching delivered by qualified Community Coaches (after school or curricular time).
3. **TOURNAMENT** - One half day inter school central venue basketball competition. This is where pupils can put their newly learned basketball skills to the test against other schools from the same area. The top 4 teams of the day win a place in the Jump2it finals event.
4. **TICKETS** - Up to 100 complimentary tickets (for Final Four schools) and discounted rates (for all schools) to attend a Glasgow Rocks Game, at the Emirates Arena in Glasgow.
5. **FINALS** - 4 schools qualify to play off at the new Emirates Arena in Glasgow as part of a Glasgow Rocks home game event. All pupils get prime location seats for the game and the final is played at half time of the professional game in front of up to 6,500 fans.
6. **PRESENTATIONS** – Returning to the Final 4 schools with Glasgow Rock’s players and presenting them with posters in front of the whole school, family and friends.
7. **ROCKS CLUBS** – Under 12 basketball clubs (Rock’s Clubs) are set up in each area

 following on from Jump2it to provide a pathway for pupils to progress in basketball and increase sustainability of basketball in the area.Pupils are signposted to sustained participation and where no clubs are accessible SSF will establish participation sessions in partnership with local clubs who support by coaching and venue costs with a view to feeding participants into the traditional club setting over time and where possible. The community clubs established are supported by a network of volunteers and allow additional training and up-skilling of young leaders. |
| **Brief description of what make this an outstanding example of partnership working:**  |
| Jump2it is a true collaboration supported by schools, active schools, Glasgow Rocks, health improvement teams, police, community safety and basketballscotland.The programme uniquely introduces professional athletes within the school setting and tackles health and wellbeing topics that have been mapped against Curriculum for Excellence and support core class room activity in a unique and engaging way.The programme receives excellent feedback from teachers:From active schools: "The pupils from Arran have loved being part of Jump2it for the first time, it was amazing to see them competing against schools from other areas. If there is anything we can do to bring the programme back again please let me know!"Health Improvement: Children love listening to different adults and always relate well to sports personalities as it gives them an opportunity to see that success is possible in sports. Fun and enjoyable afternoon but also educates and covered important health and wellbeing points. All members of the team were super. Teacher quote: Appropriate to age and level, ties in with CFE outcomes. We have some challenging pupils and the format worked well for all children and their needs. Keeping attention and checking for retention of facts in the quiz meant this worked well. And of course pupils: "The players were really cool, they taught us about healthy eating and bouncing back. Neil taught us about Bouncing Back and I really liked his story about practising to get better after he missed a shot in a game"Rocks players said "It's great to see the reaction when we go to a school! When we ask questions after a module they remember all the facts. The tournaments are great fun, it's amazing to see the improvement in technique after 6 weeks of coaching." Evaluation evidence shows good information retention and changed behaviours:Jump2it impacts included high retention levels with an average of 82% able to recall facts across 5 topics on bouncing back, smoking, drinking, knife crime and getting ready for work. 76% of those surveyed said they had made a positive change since the programme both big and small – these included:*I try to eat more fruit and veg each day**I eat healthier and am more aware of the skills I need to get a job**I think differently about failure no**I do more exercise like taking my dog for a walk or play football with my brother**When I fail I don’t get sad/mad**I am more confident**I go outside more**If I fail I keep going and I get it*St Rose of Lima have embraced Jump2it in its entirety for several years now. With the Rocks Community club there are over 30 kids attending the sessions and have invited in a local basketball club to support this delivery and continue provision attracting a head coach as well as a national player which has inspired some confidence in kids playing for the club. The school come along to Rocks community club tournaments allowing the kids the opportunity to play, see their sporting role models and a family night out as they get free access to games.  |
| **Perceived/Projected Outcomes:**  |
| Jump2it outcomes for young people include:* Increased participation in positive activity
* Increased opportunities for continued participation by linking up and signposting
* Participants demonstrate new skills and positive changes in behaviours
* Sustained participation in positive activities
* Sustained improvements in awareness of the benefits of play, interactive, physical and social activities
* More participants progress onto further learning, training, and personal development opportunities

(see above) |
| **Finance and Staff Input (School):**  |
| **Teachers time – planning, evaluation, supporting outings to tournaments and finals****Financial – contribution to cost of bus for tournament** |
| **Finance and Staff Input (Voluntary Organisation/LA Youth Work Service/CLD):**  |
| **SSF** – deliver the programme at no charge to the schools and through funding from a variety of partners including Cashback for Communities Fund, North Ayrshire Drug and Alcohol Partnership, Corporate Partners and sportscotland. |
| **Finance (Third Parties – Government/Business/Special Initiative):**  |
| **See above** |
| **Any other comments/issues:**  |
| At St Rose of Lima Fergus has introduced a passport system for kids to get a stamp when they take part in activity out with school, highlighting his passion and commitment for school to club links and children being active for life.  |
| **Note:** We will not contact the school directly without first approaching you. We will share the information with Scottish Government colleagues with the same proviso being applied should a visit or follow up be required. |

**Please return to:** Susan Dow, PA to Chief Executive and Senior Management Team at YouthLink Scotland by **Monday 12 September 2016** – sdow@youthlinkscotland.org

**Jim Sweeney MBE, Chief Executive, YouthLink Scotland**