

Supporting Young Carers in Education

Research and Data

- [Young carers: review of research and data – Scottish research report 2017](#)
- [Perspectives on mental health and wellbeing of young carers](#): Coping with Care by Children and Young People's Commissioner, Scotland
- [A Costly Youth: The Impact of Caring on Young People in Scotland](#) by Scottish Youth Parliament
- [There's nobody is there – no one who can actually help?](#): the challenges of estimating the number of Young Carers and knowing how to meet their needs
- [Hidden from View](#): the experiences of Young Carers in England -Provides a valuable insight into the daily lives and outcomes for Young Carers.