Yello! are a young expert group aged 13-19, all of whom have experienced domestic abuse. Their role is to advise the Improving Justice in Child Contact project within Scottish Women's Aid. They created two animations, during lockdown, which were aimed at children and young people, encouraging them to reach out for support. Here is what they want to say to other children and young people and what they want to say to teachers.

## Messages for children and young people experiencing domestic abuse



## Messages for teachers

- Sometimes you never know what is happening at home and sometimes teachers put too much pressure on you and you have an emotional rollercoaster.
- I want teachers to know that anybody could experience these things, and everybody deals with it differently.
- Some young people might not want their teachers or friends to know, so if teachers
  or the school are informed of what's going on at home, they should handle it very
  carefully and make sure the young person is comfortable and wishes to talk about it.
- I want teachers to know that they should do everything they can to make a child or young person who is experiencing domestic abuse to feel safe with them and help them feel less alone.