

Food for Thought: Education Fund Phase 8 Application Form

The **aim** of the fund is:

To provide progressive, high quality learning experiences in food education which build sustainability and capacity for future development.

Please read the 'Guidance' before completing the application form

| | |
|--|---|
| Name of Local Authority (or indicate if Independent) | Dumfries & Galloway Council |
| Level of Grants | Funding awards will be up to £3,000* per individual project. When applying as a cluster or associated group of establishments, each establishment must be named on the form. In this instance more than £3000* can be requested and the breakdown shown clearly in the form. It may not be possible to fund every element of each successful proposal. The total amount will be subject to budget availability and adherence to the aims of the fund. |
| Eligibility | Applications are invited from practitioners in early learning and childcare settings, schools/clusters/associated school groups across Scotland. NB: We will accept one application per establishment or cluster. Note - ASN schools in the independent sector are also eligible to apply. PLEASE READ GUIDANCE NOTES FOR FULL DETAILS. |
| Number of establishments involved in the bid | Two |
| Name of Establishment(s) involved (if cluster bid, include <i>all</i> establishment names) | Hecklegirth Nursery which will be supported for part of the initiative by the Home Economics department at Annan Academy |
| Application completed by (name) | Susan Maxwell |
| Deadline for Applications | To arrive no later than 12 noon on Thursday 24th June 2021 <ul style="list-style-type: none"> • If any sections are incomplete, this will impact on the assessment of your application. • Only return the completed application form. Supporting documents are not required. Please ensure that you retain a copy of the application form for your own records. |
| Period of Fund | Successful applicants will receive notification of funding by the end of July 2021 . Project activities should take place between September and December 2021 and final reports should be submitted by end of January 2022 . |
| Please email your application to: | Email: FoodforThought@educationScotland.gov.scot |

| SECTION 1: ABOUT YOU | |
|--|---|
| Local Authority: | Local Authority (or state if Independent): Dumfries & Galloway Council |
| <p>Please give the name and contact details of the person within your establishment/school who will deal with this application, all correspondence relating to it and the management of the Food for Thought Fund.</p> <p>The person named here must be authorised to answer all queries and to sign all paperwork relating to this application and be responsible for the overall management and co-ordination of the project. The named person should also be the first point of contact for Education Scotland.</p> | Name: Susan Maxwell |
| | Position: Nursery Manager |
| | Establishment/School: Hecklegirth Nursery |
| | Address: Hecklegirth Primary School, Solway Street, Annan |
| | Postcode: DG12 6HY |
| | Direct Telephone: 01461 202629 |
| | Mobile: |
| | Email: gw16maxwellsusan1@glow.sch.uk |
| | Please re-enter your email address: gw16maxwellsusan1@glow.sch.uk |
| Has your establishment received Food for Thought Funding previously? Please tick all that apply: | Phase 4 <input type="checkbox"/> (2016/17) Phase 5 <input type="checkbox"/> (2017/18) Phase 6 <input type="checkbox"/> (2018/19) Phase 7 <input type="checkbox"/> (2019/20) n/a <input checked="" type="checkbox"/> |

SECTION 2: MAKING LINKS

Projects should deliver the aim of the Food for Thought Fund:

To provide progressive, high quality learning experiences in food education which build sustainability and capacity for future development.

In Phase 8 we would also like bids to address one or more of the following:

- to increase awareness of the Love Food, Hate Waste campaign.
<https://scotland.lovefoodhatewaste.com>;
<https://www.zerowastescotland.org.uk/food-waste/teaching-resources>
- to increase children and young people's experiential farm to fork learning through farm links or visits, when such visits are allowed.
<https://www.rhet.org.uk>
- to encourage establishments to link with at least one business / community partner to help address skills for learning, life and work.
<https://www.dyw.scot/>

Establishments will be able to seek help from the organisations shown above if required but may already have their own links and partnerships in place.

Note - Assistance for bus travel to farms may be available from RHET. Please do not include bus travel in your Food for Thought budget.

Please tick any themes, initiatives and Scottish Government guidance below which will relate to your project:

| | |
|---|---|
| Food Summary Page . Includes skills progression using the Es and Os and the Benchmarks. | X |
| Love Food, Hate Waste | X |
| Farm Visits | X |
| Developing the Young Workforce . | X |
| Inequity/attainment gap | X |
| Good Food Nation: Scotland's National Food and Drink Policy | X |
| A healthier Future – Scotland's Diet and Weight Delivery Plan | X |
| Helping parents with food and eating | X |
| Better Eating, Better Learning : new context for school food, follow up to Hungry for Success | X |
| Beyond the School Gate : improving food choices in the school community | |

SECTION 3: ABOUT YOUR PROJECT

Please give a **50 word summary** of your project

Please note that we may use this wording in reports and in press releases, so it should be a concise statement of your proposed plans.

Partnership working will support the delivery of a holistic programme where children and their parents/carers are afforded opportunities to cook and dine together. Through growing, harvesting and cooking our own crops we aim to cultivate a love and understanding of food and nutrition and the importance of nurturing both our bodies and the environment.

Please give an overview below of your plans, school-based activities and deadlines, with reference to Section 2. (a timeline can be very helpful). You may go to a second page for this section. Please refer to the guidance on how we will assess your application.

Our holistic programme will involve us working in partnership with parents and carers, Annan Academy Home Economics Department, NHS Health Improvement Team and local businesses (D&G Seafoods and Jamieson Potato Merchants). Working together, we are committed to striving to ensure our children enjoy a healthier, thriving, sustainable and resilient food future and in turn become a “*Good Food Nation*”. Parental engagement is recognised in the *National Improvement Framework* as a key driver in raising attainment and is an integral part of our programme.

Our programme has multiple interwoven and complimentary strands:

Firstly, led by Susan Coupland, Home Economics Teacher, in her classroom at Annan Academy (located next to Hecklegirth Primary School), up to 10 families will be invited to join in each session between September and December where they will cook and dine together. Recipes will be wholesome, cost-effective and simple. Susan’s room, with its twinkly lights and bunting, is warm, welcoming and filled with love. We hope the sessions will assist parents/carers who perhaps did not have a positive secondary education experience to feel more confident and comfortable in the setting and therefore more able to play an active part in their children’s education. Cooking and dining together promotes children’s early mathematical language as they weigh, count and measure ingredients. Early literacy opportunities are bountiful as children follow recipes and instructions, speak, listen and hear new vocabulary. Cooking together develops a positive interaction and strengthens familial relationships. The confidence and self-esteem of both carer and child are enhanced. This family learning activity will potentially reduce isolation and increase parents’ confidence as educators whilst developing children skills, knowledge and understanding.

Our children are growing potatoes and beans in nursery this year, but we hope through the programme to extend the variety of crops as we model leading a more sustainable life. Alongside Susan, we will also explore Annan Academy’s allotment enjoying experiences from composting/waste reduction through to planting and harvesting where fresh, seasonal, local and sustainable produce will be championed. The “*Love Food, Hate Waste*” message will be our mantra. We will embrace “*Developing the Young Workforce*” as pupils from Annan Academy will be afforded the opportunity to develop their leadership skills whilst supporting the nursery children in both their cooking and growing programmes.

Local farmer, Ian Barbour, owner of Jamieson Potato Merchants, has offered his full support to our programme. We will visit Ian’s potato farm where, locally, he grows a huge variety of potatoes which he sells internationally. The children can tour the farm, learn about the journey of the crops and see robots in action. Ian has a digital studio where the children can see their own design printed on any labels they require for the crops they grow. All amazing experiences, “*Developing the Young Workforce*” and enhancing children’s understanding of the world of work and their skills for the future. The potatoes the children plant, grow and harvest will be used for the cooking

together session. They will be eaten with butter, also made by our families under Susan's guidance.

Local trawlers, D&G Seafoods will provide the fish for the programme. Our children will visit their shop at Annan Harbour to learn about the fish and seafood. An exciting introduction into Scotland's fishing industry. On the day our families cook the fish, D&G Seafoods will bring their Fish Van to Annan Academy where a further exploration and learning will take place before fish is chosen for cooking.

As well as the programme of families cooking together, we also hope to support our children in nursery to develop their skills in food preparation, hygiene, safety and co-operative working. With the capacity for 110 children, we have three separate nursery rooms. Only one of those has cooking facilities and, pre Covid, these were utilised and enjoyed on a regular basis. Parents, carers, grandparents joined us to share the joy of cooking their speciality dishes with the children. We would love, through this grant funding, to be able to purchase a mobile kitchen for our other two rooms enabling the plethora of rich learning associated with food preparation, cooking and eating together to be enjoyed across all three nursery rooms. We hope too that the lifting of COVID restrictions will enable parents and carers to again join us in nursery to share their love of food and cooking.

Our children also love to cook on the campfire – a rich learning experience in terms of *skills progression of E's and O's across the curriculum*. As with our kitchen, we share one rather worn home-made fire-pit created from a wheel hub. Being able to purchase three new fire-pits would allow children across our setting to cook a wider variety of the foods they will grow and harvest – baked potato, sweetcorn and lots more.

Capacity issues within their team will prevent the local NHS Health Improvement Team from physically supporting us with the programme however they are keen to work in partnership sharing resources and information targeted at reducing waste, utilising store cupboard ingredients, reducing sugar, healthy snacks and a back-to-basics approach with nutritious meals on a budget. The impact of our previous partnership work with them was tremendous with parents and carers reporting to feeling more confident in meeting the nutritional needs of their pre-school children and more confident with food preparation.

Poverty was already a stark reality for many of our families and we are acutely aware that COVID-19 has exacerbated this further with tangible worries about finances, job security, physical and mental health. Poverty leads to health inequalities. We strongly believe the many benefits of inclusion in our setting mitigates the impact of inequality on health, *closing the poverty-related attainment gap*. The promotion of health and wellbeing during childhood supports a trajectory which aligns with healthier lifestyles throughout adulthood. We would be delighted if, in line with "*Better Eating, Better Learning*" guidance, you would support us to develop our children and families as knowledgeable consumers and cooks who, through making the right food choices, will reap benefits for their own health and that of our environment. We hope you can see from our application that the practical resources we have requested will ensure our plan is future proof meaning children and their families, for years to come, will benefit from the food experiences we provide.

SECTION 4: YOUR PROJECT BUDGET

Please include a breakdown of costs. Consider how you intend to ensure the fund will build a legacy for food education in your school. Please do not include cost of buses for farm visits (see section 2) Rows may be added if necessary.

PLEASE NOTE LIMITED OR NO DETAIL MAY RESULT IN YOUR APPLICATION BEING UNSUCCESSFUL.

| <u>Detail</u> | <u>Amount</u> |
|--|----------------------|
| 10 x kuhnikon children’s knife set (straight, serrated and duck snippers) | 300.00 |
| 10 x two pack of adult aprons | 100.00 |
| 2 x six pack of children’s aprons | 12.00 |
| 2 x Lets Cook Lockable Cooking Trolley | 990.00 |
| 2 x Mini Oven | 370.00 |
| Containers, compost, topsoil for planting in nursery | 150.00 |
| Seeds and plants | 60.00 |
| Cooking essentials – utensils, trays, measuring spoons, graters etc | 150.00 |
| Food mixer and blender | 100.00 |
| Food to be cooked at family sessions alongside the food grown and harvested by the children | 200.00 |
| Three fire pits (robust stable magnesium oxide with cooking grill) | 398.97 |
| Two sets of barbecue utensils and charcoal | 90.00 |
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| Food for Thought Total Expenditure | £2,920.97 |
| Any additional Income – Our partners will all give of their time freely to support the delivery of this programme. | £ |
| Total Project Expenditure (receipts for items of £500 + must be retained) | £2,920.97 |

| SECTION 5: How will we assess your application? For information – please don't complete | | | |
|---|-------------|-----------------|---------------------|
| Criteria | Score (0-4) | Weighting (1-5) | Max Score available |
| 1) How well does the bid provide progressive, sustainable learning experiences in food education, allowing learners to develop their knowledge and skills and build capacity for future learning? | | 5 | 20 |
| 2) How well does the bid engage with the main themes including waste reduction, farm to fork learning and developing young workforce? | | 4 | 16 |
| 3) How well does the bid represent value for money? | | 3 | 12 |
| 4) First Time Funding? (see table below) | | 2 | 8 |
| Total | | | 56 |

Criteria 1 – 3 will be scored using Table A. Criteria 4 will be scored using Table B.

| TABLE A | | |
|----------------|--------------|---|
| 0 | Unacceptable | Nil or inadequate response. Fails to meet the requirements. |
| 1 | Poor | Response is partially relevant but generally poor. The response addresses some elements of the requirements but contains insufficient/limited detail. |
| 2 | Acceptable | The response addresses a broad understanding of the requirements but may lack details on how they will be fulfilled in certain areas. |
| 3 | Good | The response is sufficiently detailed to demonstrate a good understanding and provides details on how the requirements will be fulfilled. |
| 4 | Excellent | The response is comprehensive, unambiguous and demonstrates a thorough understanding of how the requirements will be met in full. |

| TABLE B | First time funding |
|----------------|---------------------------|
| 0 | No |
| 1 | n/a |
| 2 | n/a |
| 3 | n/a |
| 4 | Yes |

SECTION 6: YOUR STATEMENT AND SIGNATURE

Before submitting your application, please ensure that you have:

- ✓ answered all sections and questions
- ✓ *not* submitted a copy of a previous application
- ✓ *not* submitted the same application as another establishment
- ✓ signed the form using a digital signature if possible

If you are successful, we will inform you by email **by the end of July 2021** and the grant letters will be issued to authorities **by the middle of August 2021**. (We will also contact all unsuccessful establishments by email by the end of July.) On receipt of the correctly completed funding letter from your authority, funding will then be transferred to the local authority, where schools will then be able to download their allocated funding so that projects can begin. Once we have awarded a grant we cannot give any more funding for the project.

Monitoring and Evaluation of your Grant
 We need to monitor your grant so that we can account for how you have used our funds. This will be ongoing throughout the duration of the project and will contribute to the final project report. Please note that we will ask you for an end of project evaluation by the **end of January 2022**

Publicity
 Information on grants awarded may be made public by Education Scotland. Images submitted in support of your application may be stored electronically by us. If we later seek to use these for publicity purposes, we will contact you in order to obtain permission to do so.

Complying with Conditions of Grant
 You must keep to the grant conditions shown in both our offer letter and any accompanying documents. In particular:

- ✓ you must not make changes to your project without notifying us first
- ✓ you must carry out your project in line with the timescales given in your application, and within the time limits shown in our offer letter, It is very important that you let us know about any delay or difficulties in keeping to the conditions so that we can give advice and help as necessary
- ✓ you will be required to acknowledge our funding in any publicity relating to this project

Your Statement

- I confirm that all the information in this application is true and correct.
- I confirm that I am happy for you to provide copies of this form to any person or organisation you need to consult about this application.
- I note that any grant awarded will be subject to standard and specific conditions.
- I confirm that I have the power to accept the grant under conditions you set and to repay the grant if we do not meet them.

| | |
|-------------------|-----------------|
| Name | Susan Maxwell |
| Position | Nursery Manager |
| Digital Signature | S.Maxwell |
| Date | 21/06/2021 |

Submit application by email to FoodforThought@educationscotland.gov.scot