

Support your child's learning – Planning for choices and changes

English version	Gaelic version
Planning for choices and changes	Planadh airson roghainnean is atharrachaidhean
Simple ideas to help your child to learn personal planning and decision making skills and raise their awareness of future choices.	Beachd-smuaintean sìmplidh gus ur pàiste a chuideachadh gu planadh pearsanta agus sgilean co-dhùnaidh ionnsachadh, agus am mothachadh a thogail do roghainnean teachdail.
Primary¹	Bun-sgoil
First level (approximately P2 to P4)	Chiad ìre (timcheall air P2 gu P4)
<ul style="list-style-type: none"> Encourage your child to try different activities and explore new interests, for example find out about different clubs in your area, help your child to find out about their local community and the wider world. Find out and learn about new things together. When out and about with your child or watching television, talk about the jobs that different people do (family, friends, postmen/women, doctors, dentists, sales assistants, hairdressers/barbers, police, fire officers, paramedics, farmers, drivers, sportsmen/women, actors). Talk about the similarities and differences between these jobs. How can these people help us? 	<ul style="list-style-type: none"> Brosnaichibh ur pàiste gu bhith a' feuchainn diofar ghnìomhachdan agus ùidhean ùra a rannsachadh, mar eisimpleir, faighibh a-mach mu dhiofar chlubaidhean san sgìre agaibh, cuidichibh ur pàiste gu faighinn a-mach mu an coimhearsnachd ionadail agus mun t-saoghal fharsaing. Faighibh a-mach agus ionnsaichibh mu nithean ùra còmhla. Nuair a bhios sibh a-muigh còmhla ri ur pàiste, no a' coimhead telebhisean, bruidhribh mu na h-obraichean a tha aig diofar dhaoine (teaghlach, caraidean, puist/mnathan-posta, lighichean, fiaclairean, cuidichean bùtha, gruagairean/borbairean, poilis, smàladairean, luchd-eiridinn, tuathanaich, dràibhearain, luchd-spòrs, cleasaichean). Bruidhribh mu dheidhinn na coltachdan agus na diofaran eadar na h-obraichean sin. Ciamar as urrainn do na daoine sin ar cuideachadh?
Second level (approximately P5 to P7)	Dàrna ìre (timcheall air P5 gu P7)
<ul style="list-style-type: none"> Encourage and support your child to attend clubs and groups that offer challenges on a regular basis, for example learning to build a shelter, attending training sessions for a sport or instrument lessons for music. 	<ul style="list-style-type: none"> Thoiribh taic agus brosnachaidh ur pàiste gu clubaidhean is buidhnean a fhrithéaladh a tha a' tairgsinn dùbhlannan gu cunbhalach, mar eisimpleir ionnsachadh air ionad-fasgaidh a thogail, seiseanan trèanaidh spòrs a fhrithéaladh no leasanan ionnsramaid ciùil.

¹ <https://education.gov.scot/parentzone/learning-in-scotland/curriculum-levels/>

<ul style="list-style-type: none"> • Talk to your child about your work and the training you have had. See if your child can work out what skills they think are needed to do this work well. 	<ul style="list-style-type: none"> • Bruidh nibh ri ur pàiste mu ur n-obair agus an trèanadh a fhuair sibh. Feuch an urrainn do ur pàiste obrachadh a-mach dè na sgilean a tha iad den bheachd a dh'fheumar airson na h-obrach seo a dhèanamh math.
<ul style="list-style-type: none"> • Compare what you do with other jobs/careers and help your child to find out what skills and training are needed for those jobs. 	<ul style="list-style-type: none"> • Dèanaibh coimeas eadar na tha sibh a' dèanamh agus obraichean/dreuchdan-beatha eile, agus cuidichibh ur pàiste gu faighinn a-mach dè na sgilean agus trèanadh a dh'fheumar airson nan obraichean sin.
<ul style="list-style-type: none"> • Consider the lifestyle of elite sportsmen/women and discuss with your child the choices these people have to make to achieve sporting success. What skills do they need to be good at what they do? 	<ul style="list-style-type: none"> • Beachdaichibh air an dòigh-beatha a tha aig fir/mnathan-spòrs ainmeil agus dèanaibh deasbad le ur pàiste air na roghainnean a dh'fheumas na daoine sin a dhèanamh airson a bhith soirbheachail ann an spòrs. Dè na sgilean a dh'fheumas iad airson a bhith math air na tha iad a' dèanamh.