

# Ardler Primary School Family Cooking Group

- Funded by Dundee Bairns
- In partnership with NHS nutrition team
- In partnership with Dundee West Community Trust
- Pupils handed all ingredients and recipe to go home with
- Given a log in for Microsoft Teams
- Cost Effective meals families can do try at home
- Healthy recipes
- Covid-19 restricted us from family learning in school



ARDLER PRIMARY SCHOOL

**HEALTHY EATING COOKING GROUP**

Join us every  
Wednesday at 4:45  
and cook along

Menu

Week 1 Pizza  
Week 2 Fruit tasting & Pea and Ham soup  
Week 3 - Chicken nuggets & Wedges  
Week 4 - Veg Pasta with Meatballs  
Week 5 - Baked potato (with filling) and Fruit Crumble

A central graphic with a dark background and yellow text. It features several food-related icons: a watermelon slice, an orange, and a bunch of grapes. The text is arranged in a vertical layout, starting with the school name, followed by the group name in large bold letters, then the meeting details, and finally a weekly menu.