

### **Practical exercise 7: Training and CPD**

This session aims to identify priority training and development areas for participants and their organisations.

Effective training and CPD, preferably delivered in an integrated way across education, catering and health to support partnership ethos, will help ensure everyone is working towards the same, shared outcomes. Working in small groups, participants should:

- Think back over the last year and list training and CPD undertaken in relation to food and health and wellbeing.
- Reflect on the list. Are there gaps? Think about the kind of training you are likely to need in the future in order to implement Better Eating, Better Learning (BEBL).
- Prioritise a top three.

#### **Need some inspiration?**

Participants in previous workshops have suggested that, in the future, they would like to do training in:

- Achieving sustainability through school food
- How to reduce food waste in schools
- Innovative techniques for food education
- Using social media as a marketing tool to engage children and young people, and
- Customer service skills.

