

## Mental Health and wellbeing in the context of social isolation

- CAHMS
- Social Work
- Police Scotland
- CSW
- Active Schools
- Family Learning Coordinator
- Educational Psychology
- ASG
- Local Councillors
- Skyedance

## Portree Primary School

- 2.1 Safeguarding and child protection
- 3.1 Ensuring wellbeing, equality and inclusion
- 1.2 Leadership of learning
- 2.2 Curriculum
- 3.2 Raising attainment and achievement
- 2.3 Learning, teaching and assessment
- 3.3 Increasing creativity and employability
- 2.4 Personalised support
- 2.5 Family learning
- 2.7 Partnerships



- Mindfulness delivered to all P4-7 classes
- Jammin Andy session to introduce language of Community Resilience
- Establishment of Mental HWB working group
- Restorative practice
- BOLT – Social Skills group for PEF pupils, two groups offered on a daily basis P1-4 and P4-7
- Resilient Kids offered at P3 and P7
- Socially Speaking programme delivered to all P7 pupils
- Input from CSW worker with focus on friendships with P7 pupils
- Creation of quiet break space
- Meetings with other agencies
- New school policies on positive relationships mobile phone use and E-safety
- Open morning mindfulness workshops for parents
- Decider training for all staff
- E-safety information shared regularly with parents
- Extra-curricular calendar
- Engagement with Family Learning coordinator and establishment of family learning activities with a technology focus
- Establishment of Young Digital Leaders with a focus on E-Safety
- Fundraising by E-Safety group to take part in Childnet training
- Revision of Social Studies curriculum to ensure annual opportunities for community engagement
- Establishment of whole school traffic light policy to manage behaviour consistently
- Value Awards, Playground Star of the Week and Canteen Star of the week award systems
- Participation in Skyedance Dancing Across Generations project with Home Farm Nursing Home

- End of block pupil assessments
- Parental Surveys
- Incident Records
- Seemis attendance and Pastoral notes
- Direct observations
- Feedback from whole school community
- Engagement on Social Media