

Food for Thought: Education Fund Phase 8 Application Form

The **aim** of the fund is:

To provide progressive, high quality learning experiences in food education which build sustainability and capacity for future development.

Please read the 'Guidance' before completing the application form

Name of Local Authority (or indicate if Independent)	North Ayrshire Council
Level of Grants	Funding awards will be up to £3,000* per individual project. When applying as a cluster or associated group of establishments, each establishment must be named on the form. In this instance more than £3000* can be requested and the breakdown shown clearly in the form. It may not be possible to fund every element of each successful proposal. The total amount will be subject to budget availability and adherence to the aims of the fund.
Eligibility	Applications are invited from practitioners in early learning and childcare settings, schools/clusters/associated school groups across Scotland. NB: We will accept one application per establishment or cluster. Note - ASN schools in the independent sector are also eligible to apply. PLEASE READ GUIDANCE NOTES FOR FULL DETAILS.
Number of establishments involved in the bid	1
Name of Establishment(s) involved (if cluster bid, include <i>all</i> establishment names)	St. Peter's Primary, Ardrossan
Application completed by (name)	Mrs Freda McGhie
Deadline for Applications	To arrive no later than 12 noon on Thursday 24th June 2021 <ul style="list-style-type: none"> • If any sections are incomplete, this will impact on the assessment of your application. • Only return the completed application form. Supporting documents are not required. Please ensure that you retain a copy of the application form for your own records.
Period of Fund	Successful applicants will receive notification of funding by the end of July 2021 . Project activities should take place between September and December 2021 and final reports should be submitted by end of January 2022 .
Please email your application to:	Email: FoodforThought@educationScotland.gov.scot

SECTION 1: ABOUT YOU	
Local Authority:	Local Authority (or state if Independent): North Ayrshire Council
<p>Please give the name and contact details of the person within your establishment/school who will deal with this application, all correspondence relating to it and the management of the Food for Thought Fund.</p> <p>The person named here must be authorised to answer all queries and to sign all paperwork relating to this application and be responsible for the overall management and co-ordination of the project. The named person should also be the first point of contact for Education Scotland.</p>	Name: Freda McGhie
	Position: Principal Teacher
	Establishment/School: St. Peter's Primary
	Address: South Isle Road, Ardrossan, Ayrshire
	Postcode: KA22 7PX
	Direct Telephone: 01294 462554
	Mobile: 07388410651
	Email: gw09mcghiewinifred@ea.n-ayrshire.sch.uk
	Please re-enter your email address: gw09mcghiewinifred@ea.n-ayrshire.sch.uk
Has your establishment received Food for Thought Funding previously? Please tick all that apply:	Phase 4 <input type="checkbox"/> (2016/17) Phase 5 <input type="checkbox"/> (2017/18) Phase 6 <input type="checkbox"/> (2018/19) Phase 7 <input type="checkbox"/> (2019/20) n/a <input type="checkbox"/> X

SECTION 2: MAKING LINKS

Projects should deliver the aim of the Food for Thought Fund:

To provide progressive, high quality learning experiences in food education which build sustainability and capacity for future development.

In Phase 8 we would also like bids to address one or more of the following :

- to increase awareness of the Love Food, Hate Waste campaign.
<https://scotland.lovefoodhatewaste.com>;
<https://www.zerowastescotland.org.uk/food-waste/teaching-resources>
- to increase children and young people's experiential farm to fork learning through farm links or visits, when such visits are allowed.
<https://www.rhet.org.uk>
- to encourage establishments to link with at least one business / community partner to help address skills for learning, life and work.
<https://www.dyw.scot/>

Establishments will be able to seek help from the organisations shown above if required but may already have their own links and partnerships in place.

Note - Assistance for bus travel to farms may be available from RHET. Please do not include bus travel in your Food for Thought budget.

Please tick any themes, initiatives and Scottish Government guidance below which will relate to your project :

Food Summary Page . Includes skills progression using the Es and Os and the Benchmarks.	X
Love Food, Hate Waste	X
Farm Visits	
Developing the Young Workforce .	X
Inequity/attainment gap	X
Good Food Nation: Scotland's National Food and Drink Policy	X
A healthier Future – Scotland's Diet and Weight Delivery Plan	
Helping parents with food and eating	X
Better Eating, Better Learning :new context for school food, follow up to Hungry for Success	X
Beyond the School Gate : improving food choices in the school community	X

SECTION 3 : ABOUT YOUR PROJECT

<p>Please give a 50 word summary of your project Please note that we may use this wording in reports and in press releases, so it should be a concise statement of your proposed plans.</p>	<p>We aim to support the Scottish Government’s vision of being a Good Food Nation by 2025 by reducing food waste. Pupils will be taught culinary skills using recipes, which use left-over food, taken from ‘Love Food Hate Waste’. Parents will also receive these recipes – taking the learning beyond the classroom.</p>
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Please give an overview below of your plans, school-based activities and deadlines, with reference to Section 2. (a timeline can be very helpful). You may go to a second page for this section. Please refer to the guidance on how we will assess your application.

At St. Peter’s Primary, we are taking a whole school approach to developing children’s knowledge and understanding of food, nutrition and health by teaching all children how to cook. Cooking is a practical activity which every child can benefit from; helping to reduce inequity and the attainment gap. Children will not only engage in developing their **Culinary Skills** but will also gain knowledge and understanding about **Hygiene and Safety** linked to Food and Health and about **Food and Nutrition**.

Culinary Skills

When participating in cookery lessons, children will be involved in a variety of activities including:

- Developing fine motor skills to be able to chop, grate, use a peeler, use knives to cut safely
- Weighing and measuring ingredients accurately using scales and jugs, mixing and combining ingredients
- Ability to read / follow instructions on how to prepare food
- Following a recipe (recipes in Love Food Hate Waste will be used)
- Learning about different cooking methods.

Hygiene and Safety linked to Food and Health

Children will be taught to work safely and hygienically, before, during and after preparing foods. This will include:

- Ensuring good hygiene practices at all times e.g. washing and drying equipment and surfaces, using different chopping boards to eliminate cross contamination
- Selecting and using an appropriate range of small equipment safely and efficiently. They will learn safe practices to follow when using hot or sharp equipment.
- Identifying where different types of food should be stored e.g. chilling, freezing etc., (raising awareness of the Love Food Hate Waste campaign).

Food and Nutrition

Children will develop a greater understanding of food by:

- Gaining a greater knowledge of where food comes from (Farm to Fork). They will look at sustainability and be aware of how the seasons can influence produce.
- Researching the way we grow and catch food.
- Learning about the range of foods available and how they contribute to a balanced diet.

Our project including timescales

Weeks 1-3 (6th September – 24th September)

- We have recently purchased a polytunnel and we will be growing our own crops which we will then use in our cooking sessions. Each class has their own raised bed and will refer to the ‘SOW IT, GROW IT, EAT IT’ calendar from ‘The Way We Grow and Catch Food in Scotland’ to ascertain the types of vegetables, fruits and herbs that they can grow; taking into account the seasons and harvest times.

- Each class will decide on the crop they are going to grow and keep a log from the time it is planted to when it is harvested. This will be evidenced in written format, by drawings or by photographs.

This will demonstrate, in a real life context, the benefits of sustainability (raising awareness of the Love Food Hate Waste campaign). To support us in our project we will link with the 'Three Towns Growers' the community at the allotments situated in our town. They have already offered to give advice on the most appropriate crops to grow, sustainability and on how decomposing food waste can be turned into soil which can then be then used to grow more crops in our polytunnel.

Weeks 4 – 8 (27th September – 29th October)

All classes will participate in a series of cooking sessions. One of the main foci will be to highlight to children and the wider community on how to reduce food waste. Teaching and learning will be based on the Love Food Hate Waste campaign.

- Children will follow recipes from the Love Food Hate Waste campaign which use a variety of leftover food to create cakes, snacks and simple dishes. These recipes will be forwarded to parents not only to raise their awareness of the Love Food Hate Waste campaign but to demonstrate a way in which they can facilitate the campaign.

Weeks 9 – 12 (1st November 26th November)

All classes will continue to participate in a series of cooking sessions.

- The pupils will again refer to the recipes in the Love Food Hate Waste campaign but this time they will focus on simple meals which only use 5 ingredients. Additional ways of reducing waste will also be highlighted e.g. how we keep food fresh for longer i.e. storing food in the freezer or fridge and by using frozen fruit and vegetables instead of fresh produce. Again parents will be informed of the additional ways of reducing food waste at home.

Week 13-14 (29th November 10th December)

Members of our community will be invited to speak to the pupils at our assemblies about their jobs and careers which are linked to the food industry. These will include: individuals from the .Three Towns Growers, on growing your own food, sustainability and how to reduce food waste as well as individuals from the catering industry. This gives children an insight into the world of work and for some pupils it may lead to a career or work within the food industry.

Evidence

- Lessons will be planned in line with Curriculum for Excellence and cover a range of Experiences and Outcomes and the Benchmarks for Food and Health ensuring breadth, balance and progression takes place.
- Class teachers will take responsibility for their class, with the school management team tracking and monitoring progress.
- All lessons will be planned using Learning Intentions and Success Criteria and will be stage and age appropriate. Evidence will include completion of weekly logs, photographs, and drawings.
- Children will create posters highlighting ways in which food waste can be reduced
- Questionnaires will be handed out to pupils and parents to find out what they know about the Love Food Hate Waste campaign before the start of the project and then at the end of the project in order to find out the impact that our project has made to our pupils and parents and have they made any lifestyle changes?

Moving forward

Our intention is continue with our cooking programme throughout the school year and beyond. We will also continue with our Love Food Hate Waste campaign by examining the amount of food wasted in schools and become 'Waste Warriors' in order to reduce the amount being wasted in line with Zero Waste Scotland Ltd.

SECTION 5: How will we assess your application? For information – please don't complete			
Criteria	Score (0-4)	Weighting (1-5)	Max Score available
1) How well does the bid provide progressive, sustainable learning experiences in food education, allowing learners to develop their knowledge and skills and build capacity for future learning?		5	20
2) How well does the bid engage with the main themes including waste reduction, farm to fork learning and developing young workforce?		4	16
3) How well does the bid represent value for money?		3	12
4) First Time Funding? (see table below)		2	8
Total			56

Criteria 1 – 3 will be scored using Table A. Criteria 4 will be scored using Table B.

TABLE A		
0	Unacceptable	Nil or inadequate response. Fails to meet the requirements.
1	Poor	Response is partially relevant but generally poor. The response addresses some elements of the requirements but contains insufficient/limited detail.
2	Acceptable	The response addresses a broad understanding of the requirements but may lack details on how they will be fulfilled in certain areas.
3	Good	The response is sufficiently detailed to demonstrate a good understanding and provides details on how the requirements will be fulfilled.
4	Excellent	The response is comprehensive, unambiguous and demonstrates a thorough understanding of how the requirements will be met in full.

TABLE B	First time funding
0	No
1	n/a
2	n/a
3	n/a
4	Yes

SECTION 6: YOUR STATEMENT AND SIGNATURE

Before submitting your application, please ensure that you have:

- ✓ answered all sections and questions
- ✓ *not* submitted a copy of a previous application
- ✓ *not* submitted the same application as another establishment
- ✓ signed the form using a digital signature if possible

If you are successful, we will inform you by email **by the end of July 2021** and the grant letters will be issued to authorities **by the middle of August 2021**. (We will also contact all unsuccessful establishments by email by the end of July.) On receipt of the correctly completed funding letter from your authority, funding will then be transferred to the local authority, where schools will then be able to download their allocated funding so that projects can begin. Once we have awarded a grant we cannot give any more funding for the project.

Monitoring and Evaluation of your Grant

We need to monitor your grant so that we can account for how you have used our funds. This will be ongoing throughout the duration of the project and will contribute to the final project report. Please note that we will ask you for an end of project evaluation by the **end of January 2022**

Publicity

Information on grants awarded may be made public by Education Scotland. Images submitted in support of your application may be stored electronically by us. If we later seek to use these for publicity purposes, we will contact you in order to obtain permission to do so.

Complying with Conditions of Grant

You must keep to the grant conditions shown in both our offer letter and any accompanying documents. In particular:

- ✓ you must not make changes to your project without notifying us first
- ✓ you must carry out your project in line with the timescales given in your application, and within the time limits shown in our offer letter, It is very important that you let us know about any delay or difficulties in keeping to the conditions so that we can give advice and help as necessary
- ✓ you will be required to acknowledge our funding in any publicity relating to this project

Your Statement

- I confirm that all the information in this application is true and correct.
- I confirm that I am happy for you to provide copies of this form to any person or organisation you need to consult about this application.
- I note that any grant awarded will be subject to standard and specific conditions.
- I confirm that I have the power to accept the grant under conditions you set and to repay the grant if we do not meet them.

Name	Mrs Freda McGhie
Position	Principal Teacher
Digital Signature	<i>F McGhie</i>
Date	22/6/21

Submit application by email to FoodforThought@educationscotland.gov.scot