

Evaluation of Food for Thought Project Phase 5

Education Scotland aims to find out about examples of ‘interesting practice’ relating to Food and Health in order to support practitioners in other establishments. This evaluation, **which must be completed by every funded establishment**, will help us to collate a bank of information around food and health education in Scotland.

We are looking for information of approx. 300 words (‘scrollable’, bulleted etc.) to provide practitioners with key information about your project which could potentially

1. Introduction

Establishment	KILMACOLM PRIMARY SCHOOL
Local Authority	INVERCLYDE
50 word summary about your project including initial objectives	The ‘Let’s Grow and Cook Together’ project will be a partnership with local businesses and community groups to create a sustainable school garden and a cooking classroom to cultivate a life long love of gardening and cooking. A showcase of all the learning will be presented at the Kilmacolm Primary School and Nursery Class ‘Garden Party’ in June 2018. Each class, including the nursery class will be responsible for creating a recipe and produce to be sold/displayed at the ‘Garden Party’. Stalls will be set up, the children will be able to talk about their experience during the project, demonstrating their knowledge and skills. All profits will be used to fund future projects.

Main tags (please delete / add)	Early learning and child care Primary Food and Health Parents Developing Young Workforce
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2. Current developments:

What stage are you at with your project now (Food for Thought should be a long term, sustainable, on-going project so this will indicate where you are in the 'journey')	<ul style="list-style-type: none"> • All the cooking equipment has been purchased and the cooking classroom and cupboard has now been set up. • The parents and carers were invited to visit the cooking classroom during parents' evening in November (parents also signed up to volunteer to help with the cooking and gardening sessions). • The project plan and planning sheets (using Benchmarks) have been created and shared with the staff. • Classes have started using the cooking classroom. • A timetable for full use of the cooking classroom will be in place by the middle of January). • Parents/carers have been tweeting using #KPSLovesCooking after the P6 class were first to work in the cooking classroom.
What is the (intended) long term impact of your project? (what would you like to see in 5+ years)	<ul style="list-style-type: none"> • Development of the children's cooking and gardening skills/knowledge - hopefully we will have young chefs and gardeners in the school within 5 years. • The school garden will be maintained and the fruit and vegetables that are grown are used for recipes created and cooked by the children. • Local community support for the cooking classroom and garden (cookery demonstrations and help to maintain the garden from parents/carers, family members and the local community).
Any challenges? How were they overcome? (if applicable)	<ul style="list-style-type: none"> • The timing of the start of the project has been a challenge as I did not anticipate the length of time it would take to order the equipment and for it to be delivered. This has delayed the start of the cooking sessions.

<p>Best piece of advice what others would really benefit from knowing)</p>	<ul style="list-style-type: none"> • Research the purchase of equipment as it can be very expensive when using the local authority ordering system.
<p>Previous funding (if your establishment has received FFT funding before, how has Phase 5 funding helped to build on previous project(s) if at all?)</p>	<p>n/a</p>
<p>Wider HWB context? (eg. links to wider activities, projects, plans)</p>	<p>These are the key aims of the project:</p> <ol style="list-style-type: none"> 1.To fully utilise the school outdoor learning space to create a sustainable garden area to grow fruit, vegetables and herbs whilst developing children’s gardening skills 2.To create a school cooking classroom to develop the children’s hygiene and food technology skills 3.To work with local community groups to use their expertise, knowledge and guidance to develop the garden and the cooking classroom 4.To develop staff knowledge and skills to enable them to confidently deliver the Experiences and Outcomes in Food and Health Education 5.To improve the quality of Food and Health Education with learning across the curriculum (planned Interdisciplinary Learning links with Technologies, Numeracy and Science) 6.To ensure that Outdoor Education and Food and Health Education become embedded in the school curriculum 7.To fully engage with the whole school community through our Twitter accounts (using #KPSLovesGardening, #KPSLovesCooking and #foodedfriday), the school website, newsletters, the local press and a community event at the end of the session (‘Garden Party’) 8.To develop the children’s enterprising skills to enable them to organise the ‘Garden Party’ to showcase all the knowledge and skills developed by the children throughout the project

<p>Partnerships (employers, industry, organisations etc. – please expand to provide detail of how well this has worked)</p>	<ul style="list-style-type: none"> • We are in the early stages of the project, but I am confident that all the partnerships we have in place will have a positive impact on the project. One parent has secured the delivery of a poly tunnel next month (free of charge). • As detailed above, we have a list of parent/carer volunteers to help with the gardening and cooking.
<p>Watch this space! Where are you going next with the learning related to Food Education?</p>	<ul style="list-style-type: none"> • If am confident that this project with grow ‘arms and legs’ over the next few years. The staff and children (and parents/carers) are very excited about gardening and cooking. It will be very interesting to see what ideas everyone comes up with!
<p>Quotation(s) if applicable commenting on your project (eg. head of establishments, Local authority representative, young person, parent)</p>	<ul style="list-style-type: none"> • The feedback so far from the children and parents/carers has been very positive. • The local authority rep is very excited about the project as we were the only school in Inverclyde to receive the money this session. • The Deputy First Minister visited the school in October 2018, so we were able to tell him all about our plans for the ‘Let’s Grow and Cook Together’ project.

3. Is there anything that you would like to share with other practitioners?

<p>Resources</p>	<p>I have the planning sheets that I would be happy to share if anyone would like to see them.</p> <p>I would also welcome visitors into the school once the project is fully up and running in Term 4.</p>
<p>Web links</p>	<p>Follow the school on Twitter @KilmacolmPS for all updates on the project.</p>