

Working Together

Supporting positive communication between education professionals and parents of children with additional support needs

Resource List Education Professionals



Services, information and support

Addressing Dyslexia

A free online resource providing information for teachers, schools and local authorities on inclusive practice, literacy difficulties and dyslexia.

Web: addressingdyslexia.org

The Autism Toolbox

The Autism Toolbox is a free online resource developed to support the inclusion of autistic learners in Scottish early learning and childcare settings, primary and secondary schools. A key aim of the Toolbox is to support educational practitioners, schools and local authorities to understand autism and support their learners and families.

Web: autismtoolbox.co.uk

CALL Scotland

CALL Scotland helps children and young people across Scotland to overcome disability and barriers to learning created by their environment. CALL Scotland offers assessment and support services, loans assistive technology equipment to individuals with disabilities throughout Scotland and offers information and advice on technological aids for communication and learning to professionals, parents and carers and people with additional support needs.

Web: callscotland.org.uk/home/

Children and Young People's Commissioner Scotland (CYPCS)

The Children and Young People's Commissioner Scotland promotes and protects children and young people's human rights. The CYPCS website offers a range of human rights information and resources for teachers.

Web: cypcs.org.uk/get-help/teachers/

Children in Scotland

Children in Scotland offers a wide range of training and learning opportunities for education practitioners working with children and young people with additional support needs.

The Children in Scotland eLearning hub includes free courses including the My Rights, My Say short module which supports teaching professionals to reflect on and develop their practice of listening to and involving young people with additional support needs.

Web: childreninscotland.org.uk | childreninscotland.clcmoodle.org

Connect

Connect is a Scottish charity committed to making family engagement in children's learning and school lives as good as it can be. Connect works with parents and educators, providing information, advice and training.

Web: connect.scot

Education Scotland's National Improvement Hub

The National Improvement Hub provides information and support that enables practitioners to improve their practice and increase the quality of learners' experiences and outcomes. It provides access to self-evaluation and improvement frameworks, research, teaching and assessment resources, exemplars of practice and support for online collaboration and networks through Glow.

Web: education.gov.scot/improvement/

Enquire

Enquire provides independent and impartial advice and information on additional support for learning for children and young people, parents, carers and professionals.

Web: enquire.org.uk

Helpline: 0345 123 2303 (9.30pm-4.30pm, Monday, Tuesday, Thursday and Friday)

LGBT Youth Scotland

LGBT Youth Scotland's goal is to make Scotland the best place to grow up for lesbian, gay, bisexual, transgender and intersex young people. LGBT Youth Scotland works with LGBTI young people aged between 13–25 years old across the country. They also deliver the LGBT Charter programme to schools, organisations and businesses, and have a range of resources for education professionals.

Web: **lgbtyouth.org.uk**

Salvesen Mindroom Centre

Salvesen Mindroom Centre is a Scottish charity supporting children and young people living with learning difficulties, as well as their families and the professionals working with them.

Web: mindroom.org

SAMH

SAMH is Scotland's national mental health charity. SAMH provides a range of services and resources for children, young people and adults to support positive mental health and wellbeing. SAMH also produces resources for education professionals to support positive conversations around mental health and wellbeing.

Web: samh.org.uk

Scottish Autism

Scottish Autism is dedicated to enabling autistic people to lead happy, healthy and fulfilling lives. Scottish Autism provides a wide range of support services for children and young people, families and professionals across Scotland.

Web: scottishautism.org

Stonewall Scotland

Stonewall's website has a range of education resources and guidance (including best practice guidance and policy templates, posters or lesson packs) to support LGBTQ+ inclusive education.

Web: stonewallscotland.org.uk/best-practice-toolkits-and-resources-0

Time for Inclusive Education

Time for Inclusive Education aims to combat homophobic, biphobic and transphobic bullying in schools with LGBT Inclusive Education. It provides a range of resources and training opportunities for education professionals.

Web: tie.scot

UNICEF

The UNICEF website provides a good introduction to the United Nations Convention on the Rights of the Child, including a summary of the UNCRC and information relating to the UNCRC articles and general principles. This website also includes details of UNICEF's Rights Respecting Schools programme.

Web: unicef.org.uk/what-we-do/un-convention-child-rights/

Specific publications

Building Effective Relationships (Salveson Mindroom Centre)

This guide aims to provide young people, parents and teachers with practical advice about how to build effective relationships that support learning and wellbeing.

Web: mindroom.org/wp-content/uploads/2020/10/901870_Mindroom_A5_BER_Booklet_14OCT19V15_WEB.pdf

Engaging Parents and Families Toolkit (Education Scotland)

The 'Engaging parents and families: A toolkit for practitioners' has been developed to provide education practitioners with a practical resource to help support partnerships with parents and families in all aspects of their children's learning.

Web: education.gov.scot/improvement/learning-resources/engaging-parents-and-families-a-toolkit-for-practitioners/

Improving children and young people's understanding of their wellbeing (Children in Scotland)

This resource provides a wide range of activities, practical materials and links to books and additional external resources for teachers and practitioners to support the wellbeing needs of children and young people from early years to S2.

Web: childreninscotland.org.uk/wp-content/uploads/2019/08/201902_GIRFEC-Toolkit_11.pdf

Resource List Parents and Carers



As identified in the toolkit modules, navigating the range of additional support for learning information available can be overwhelming for some families. Parents and carers have highlighted the importance of receiving tailored information. We hope that some of the resources identified below will be helpful for the families you are working with however, please avoid printing off or emailing this full list as it may be counterproductive.

Services, information and support

CALL Scotland

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Web: callscotland.org.uk/home/

Connect

Connect is a Scottish charity committed to making family engagement in children's learning and school lives as good as it can be. Connect works with parents and educators, providing information, advice and training.

Web: connect.scot

Contact

Contact is a UK-wide charity which exists to support the families of disabled children. Contact provides advice, information and practical support to parents and carers and a range of professional development opportunities for professionals.

Web: contact.org.uk

Enquire

Enquire provides independent and impartial advice and information on additional support for learning for children and young people, parents, carers and professionals.

Web: enquire.org.uk

Helpline: 0345 123 2303 (9.30pm-4.30pm, Monday, Tuesday, Thursday and Friday)

Lead Scotland

Lead Scotland is a charity supporting disabled people and carers by providing personalised learning, befriending, advice and information services. They support disabled people and carers at all stages of their learner journey, from age 16 onwards.

Web: lead.org.uk

LGBT Youth Scotland

LGBT Youth Scotland's goal is to make Scotland the best place to grow up for lesbian, gay, bisexual, transgender and intersex young people. LGBT Youth Scotland works with LGBTI young people aged between 13–25 years old across the country. They also deliver the LGBT Charter programme to schools, organisations and businesses, and have a range of resources for education professionals.

Web: **lgbtyouth.org.uk**

Let's Talk ASN Scotland

Let's Talk ASN Scotland is a partnership between Govan Law Centre and Barnardo's. The service provides advocacy support for families with a right of reference to the ASN Tribunal for Scotland.

Web: govanlawcentre.org/education-law-unit/

National Parent Forum of Scotland

The National Parent Forum of Scotland supports parents to get involved in their child's education by providing information and delivering events and engagement opportunities. Their website includes a series of "Nutshell" guides which provide important information about key topics in an easily accessible way. The series includes 'Additional Support for Learning in a Nutshell' and 'Empowering Parents and Carers in a Nutshell'.

Web: npfs.org.uk

Parent Club

An online information hub created by the Scottish Government with advice, information and guidance on how to support your child's health, wellbeing and education.

Web: parentclub.scot

Parenting across Scotland

Parenting across Scotland aims to support families in Scotland in bringing up their children. Their website signposts a range of useful information, free parent resources, support networks and parent helplines on a range of topics.

Web: parentingacrossscotland.org

Parentzone Scotland

Parentzone Scotland (hosted by Education Scotland) provides information about education in Scotland and ideas to help parents support their children's learning. Parentzone Scotland includes information about choosing a school, Curriculum for Excellence, Parent Councils and supporting learning at home.

Web: education.gov.scot/parentzone

respectme

respectme is Scotland's anti-bullying service. It provides a comprehensive service for adults and children and young people in dealing with bullying and its impacts. There is a wide range of resources available to download on the website.

Web: respectme.org.uk

Relationships Scotland Resources

Relationships Scotland has developed a range of resources to support children and young people whose parents are divorcing or separating.

Web: relationships-scotland.org.uk

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Web: mindroom.org

SAMH

SAMH is Scotland's national mental health charity. SAMH provides a range of services and resources for children, young people and adults to support positive mental health and wellbeing. SAMH also produces resources for education professionals to support positive conversations around mental health and wellbeing.

Web: samh.org.uk

Scottish Autism

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Web: scottishautism.org

Sense Scotland

A charity providing support services for disabled children and young people and their families.

Web: sensescotland.org.uk

Talking about Tomorrow

A website providing advice to support parents in Scotland to prepare for the transition when young people with disabilities and learning difficulties leave education.

Web: talkingabouttomorrow.org.uk

Transitions Support Helpline

The Transition Support Helpline provides advice and support to young autistic people and their families on making the transition from school, further or higher education to adult life.

Web: autism.org.uk/what-we-do/help-and-support/transition-support-service

Specific publications

Additional support for learning: a guide for parents and carers

Produced by Enquire, the national advice and information service for additional support for learning, this guide takes parents and carers through the key things they need to know about additional support for learning and supports them to learn about their rights and their child's rights.

Web: enquire.org.uk/3175/wp-content/uploads/2020/02/asl-guide-parents-carers.pdf

Salvesen Mindroom - Building Effective Relationships

This guide aims to provide young people, parents and teachers with practical advice about how to build effective relationships that support learning and wellbeing.

Web: mindroom.org/wp-content/uploads/2020/10/901870_Mindroom_A5_BER_Booklet_14OCT19V15_WEB.pdf

Resource List Children and Young People



Services, information and support

My Rights, My Say

My Rights, My Say supports children in Scotland aged 12-15 with additional support needs to exercise their rights to be involved in decisions about their support in school. It's independent, confidential, easy to use, and supports children to speak up about what they need to learn.

Web: myrightsmysay.scot

Reach

The Reach website helps pupils to understand their rights to feel supported, included, listened to and involved in decisions at school. The Reach website includes practical tips on what can help, and young people sharing their views and experiences of all sorts of school issues. Reach is the 'go-to' source of advice to help pupils get the most from their education.

Web: reach.scot

Who Cares? Scotland Helpline

The Who Cares? Scotland Helpline is a lifelong offer open to care experienced people of any age across Scotland. The term care experienced refers to anyone who has been or is currently in care or from a looked-after background at any stage in their life, no matter how short, including adopted children who were previously looked-after. This might include kinship care, looked after at home, residential care, foster care, secure care or adoption.

The Helpline offers:

- Support and signposting around finances, benefits, housing, health, employment, education, and rights
- Llifelong advocacy
- A listening ear.

Web: whocaresscotland.org

Helpline: 0330 107 7540 (12-4pm, Monday to Friday)