



Scenario 1: The party

It's a dark winters evening and you're at a friend's birthday party. You've arrived with 4 friends, most of them are keen to be there, except one friend who seems quieter than usual. The venue is a village hall close to the local harbour. Later in the evening you notice that the friend you'd been concerned about must have wandered off or left earlier, so you head outside to see if they're around. You hear a noise from near the harbour and go down to investigate. You see someone thrashing around in the water.



Scenario 2: Pier Jumping

It's a warm summer's day and you and a friend are down at the pier. There are other groups there, sitting by the pier. A couple of them have been in the water. Your friend encourages you to jump off the pier; it doesn't look very high and he says he's done it before. Someone from another group shouts across that it's safe to jump. You're hesitant because you're not sure what's in the water and it's hard to tell how deep it is.



Scenario 3: Football by the river

It's late afternoon on an autumn evening. It's beginning to get dark, and you're kicking a football around with two friends next to a river. There are no streetlights. A friend kicks the ball and it shoots behind you and goes into the river. One of your friends tries to get the ball back by using a stick. However, they slip and fall in, and disappear under the water. When they emerge, they are panicking and thrashing about in the water.



Scenario 4: Cooling off

It's a hot summer's day and you are with a friend at a local loch. There are others swimming in groups further down the shoreline and a couple of families on the beach. You want to cool off so you jump straight into the water. The water is a lot colder than you thought it would be and your body reacts to this in shock. You are a good swimmer but find yourself very tense and struggle to maintain your breathing as normal. Your friend is on the beach.