

FOOD PROVISION

access to food daily, weekly, annually
- breakfast, lunch, breaktime, snack, birthdays, cultural and seasonal events.

CONSISTENT FOOD MESSAGING



CELEBRATIONS and events



LEGISLATION
Health Promotion and Nutrition Act and Nutritional Regulations for food in schools in Scotland

A B C D E

STAFF TRAINING

AWARENESS OF NUTRITIONAL LEGISLATION what this means for practice and for children and young people

APPLYING SKILLS, to making food choices and decisions



NO FOOD WASTE

1 TBSP
3 TSP
14 GRS



SCHOOL FOOD POLICIES

created in partnership with education, catering, partners, parents children and young people

FOOD MILES



FOOD FOR ALL (UNCRC)



FOOD HYGIENE

FOOD EDUCATION
building knowledge and skills to make healthy food choices and establish lifelong healthy eating habits



The ROLE of the DINING ROOM as a CLASSROOM

WORKING IN PARTNERSHIP
food educators and food providers

FOOD RELATED DECISION MAKING
by children and young people

Impact of food poverty
FOODBANKS
IMPROVING PRACTICAL FOOD SKILLS, USING EVERYDAY FOODS, BUDGETING

Food in SCHOOLS ACROSS SCOTLAND

Making connections



Local food production



Sustainable food production



GROWING FOOD AT SCHOOL

SCHOOL FOOD PRODUCTION

LEARNING TO GROW, HARVEST AND PREPARE FOOD TO EAT



Dental health STATISTICS
Community health issues



EXPLORING VALUES AND BELIEFS around food



FOOD EXPERIENCE
influenced by relationships and opportunities to contribute and be responsible, as well as by social and cultural influences at home, school and beyond

PARTICIPATION (by pupils and staff) contributing to the life of the school to promote healthy choices, working as partners on an agreed approach

5x



LEARNING FROM OTHERS SCHOOL COOKS

Restaurants, supermarkets, farmers, allotment growers, local shops, veg box schemes

WHOLE SCHOOL APPROACHES



Classroom links to support healthy food choices

MITIGATING FOOD POVERTY



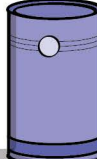
Food as part of out of school learning activities

LUNCHTIME BUDDIES



MODELLING POSITIVE BEHAVIOUR and encouraging it in others

Responsibility for putting litter in bins, reducing food waste and for school garden



INCLUDED HAPPY RESPECTED SAFE



POSITIVE ETHOS and relationships
Management and safety of areas to eat together

Practical food ACTIVITIES

pupil run tuckshops, pop up cafes, enterprise activities, family cooking



AWARENESS of food allergy and dietary needs

