

General Advice

Risks or concerns	Available advice and support for:
<p>At this time it is recognised that:</p> <ul style="list-style-type: none"> • all children and young people could be vulnerable or at risk due to the impact of COVID 19 and school closures • parents and carers could be under stress and strain due to concerns about their own or their families health, the impact of lockdown and restrictions on movement, their children being at home all of the time, supporting their child's learning, potential financial concerns etc. • many practitioners are parents and carers too 	<p>Children and young people</p> <ul style="list-style-type: none"> • Childline • Coronavirus (COVID-19) Info for Young People Young Scot <p>Parents</p> <ul style="list-style-type: none"> • NHS Inform • Parentclub • Parenting Across Scotland – Info for Parents/Carers • Free online resources for learning at home (includes ASN) <p>Practitioners</p> <ul style="list-style-type: none"> • Health Protection Scotland – Advice and guidance • Advice: Teacher resilience during coronavirus school closures • Association of Scottish Principle Educational Psychologists - Resources • Coronavirus (Scotland) Bill: Child rights and wellbeing impact assessment • Education Endowment Fund Teaching and Learning Toolkit <p>Everyone</p> <ul style="list-style-type: none"> • Public Health Scotland – up to date advice • NHS - Supporting your recovery after COVID-19 • NHS Inform - Long COVID-19 – Information and support

Signposting for Practitioners

Risks or concerns	Available advice and support for:
<p>Child Protection and Safeguarding – Remember:</p> <ul style="list-style-type: none"> • children and young people not at school may be more at risk - this applies to those already on the CP register and others who may now require CP/safeguarding 	<ul style="list-style-type: none"> • COVID-19 Supplementary National Child Protection Guidance • Support for additional child protection and safeguarding issues
<p>Learning and Teaching</p> <ul style="list-style-type: none"> • all children and young people not in school may not have access to appropriate learning and teaching. 	<ul style="list-style-type: none"> • Digilearn Digital PL and information for practitioner • E-Sgoil Live lessons for learners • National Improvement Hub
<p>Pupil Support and Additional Support Needs children and young people not in school who require additional support may not have access to appropriate support and accessible learning and teaching</p>	<ul style="list-style-type: none"> • Pupil Support Staff – Professional Learning Framework • Expertise in Communication and Assistive Technology - CALL Scotland • Addressing Dyslexia • Autism Toolbox

<p>SQA Information</p> <ul style="list-style-type: none"> young people and parents may have extra anxiety about this year's examinations due to the impact of COVID and further potential school closures 	<ul style="list-style-type: none"> SQA contingency plans for examinations – latest news SQA - National Qualifications 2021-2022 SQA subject specific information SQA ACM Equality Impact Assessment SQA Alternative Assessment Arrangements Guidance
<p>Staff Wellbeing – Remember practitioners could:</p> <ul style="list-style-type: none"> have health concerns for themselves, as parents or about their wider families, and are working under constantly changing circumstances. require support with their own mental health and wellbeing in order to effectively support learners 	<ul style="list-style-type: none"> Wellbeing planning tool Staff Wellbeing & Self Care in a Crisis on Vimeo Support for the education workforce Sway from NHS Education Scotland to support staff wellbeing Wakelet '5 ways to wellbeing' developed for staff

Signposting for learners and parents/carers

Children who are:		Risks or concerns	Available advice and support
Anxiety and Mental Health	anxious or affected by mental health issues	<ul style="list-style-type: none"> raised anxiety leading to distressed behaviours, such as, withdrawal, risk taking, self-harming... lack of access to protective factors, such as, familiar places, people, routines... lack of confidence or capacity of parents/carers to support their child or young person with their anxiety/mental health or the resulting behaviour increase in anxiety or regression in mental health as isolation period progresses 	<p>Children and young people</p> <ul style="list-style-type: none"> Childline <p>Parents/carers</p> <ul style="list-style-type: none"> NHS Inform Parentclub Parenting Across Scotland – Info for Parents/Carers Free online resources for learning at home (includes ASN) <p>Practitioners</p> <ul style="list-style-type: none"> Health Protection Scotland – Advice and guidance Advice: Teacher resilience during coronavirus school closures Association of Scottish Principle Educational Psychologists - Resources Coronavirus (Scotland) Bill: Child rights and wellbeing impact assessment Education Endowment Fund Teaching and Learning Toolkit <p>Everyone</p> <ul style="list-style-type: none"> Public Health Scotland – up to date advice NHS - Supporting your recovery after COVID-19 NHS Inform - Long COVID-19 – Information and support

Poverty	<ul style="list-style-type: none"> affected by poverty or deprivation 	<ul style="list-style-type: none"> financial concerns and impact on the care and welfare of children (ability to provide meals, hygiene products, housing, etc.); Lack of access to suitable learning resources, including online learning (connectivity/devices); Low parental confidence to support home learning Attainment/achievement/skills gap widening; Strain on or breakdown of relationships; No/limited access to play environment, safe space, trusted adults and/or other resilient social relationships, targeted supports normally provided at school (increased risk of behavioural and emotional issues developing) Potential for wellbeing and safety issues developing or increasing due to additional pressure on family. 	<ul style="list-style-type: none"> ES – CLD, Poverty and Social Justice Wakelet Citizens Advice Scotland (cas.org.uk) Food banks and other crisis help - Citizens Advice Scotland
Domestic Abuse	<ul style="list-style-type: none"> affected by domestic abuse 	<ul style="list-style-type: none"> feeling unsafe (less time in places of safety – nursery/school) increased anxiety due to more time spent at home increased risk of abuse 	<p>Advice for women and children:</p> <ul style="list-style-type: none"> Scottish Women’s Aid -Helpline 0800 027 1234 Shakti Women’s Aid – Helpline (office hours) 0131 475 2399 Rape Crisis Scotland - Helpline 0808 801 0302 Childline – Helpline for children
Looked After	<ul style="list-style-type: none"> looked after at home 	<ul style="list-style-type: none"> strain on or breakdown of relationships strain due to financial/employment instability of primary carer lack of confidence/capacity of parent to support wellbeing/education of child lack of parental control and ability to ensure YP self-isolates/stays in child protection issues worry about upcoming Children’s Hearing 	<p>General Advice for all re. looked after issues:</p> <ul style="list-style-type: none"> Local Social Work Offices (email/telephone) Out of hours Social Work (email/telephone) Link to Local Authority Children’s Rights Team SCRA: Coronavirus and your Hearing
	<ul style="list-style-type: none"> in kinship or foster care 	<ul style="list-style-type: none"> strain on or breakdown of relationships strain due to financial/employment instability of primary carer breakdown of placement lack of carer’s control and ability to ensure YP self-isolates/stays in lack of confidence/capacity of carer to support wellbeing/education of child worry about upcoming Children’s Hearing 	<p>Specific advice for Kinship and Foster carers</p> <ul style="list-style-type: none"> Fosterline Kinship Care Scotland

Leavers	<ul style="list-style-type: none"> in a residential unit or school in a secure care facility 	<ul style="list-style-type: none"> group living - higher risk of social contact and spread of virus loss of placement due to unit closure (for financial reasons or due to virus) strain on or breakdown of relationships lack of stability and unit unsettled due to high staff absence high levels of anxiety in staff and CYP increased risk of mental health issues such as self-harming and professional support for this worry about upcoming Children's Hearing breakdown of placement above points plus increased risk of seclusion (due to illness or lack of staff to safely supervise social time) 	<p>Advice for Care Services</p> <ul style="list-style-type: none"> Care Inspectorate: Covid 19 Information for care services
Leavers	<ul style="list-style-type: none"> June school leavers 	<ul style="list-style-type: none"> anxiety about lack of evidence for true assessment of levels due to absence or poor performance pupils studying at N3/4 level – no prelims or potentially coursework due to absence worry that pupils will leave school without entrance requirements for College in September 	<ul style="list-style-type: none"> SQA website for guidance about exams/coursework <p>University</p> <ul style="list-style-type: none"> UCAS Undergraduate Support Student Awards Agency Scotland <p>Other</p> <ul style="list-style-type: none"> My World of Work (My WOW) List of colleges in Scotland BBC Bitesize Careers Skills Development Scotland
Young Carers	<ul style="list-style-type: none"> young carers 	<ul style="list-style-type: none"> full time caring responsibilities may increase levels of stress over time lack of confidence/capacity of parent to support wellbeing/education of child lack of practical support for care of parent/sibling at risk of anxiety/mental health issues (see above) anxiety about lack of qualifications due to absence or poor performance due to caring responsibilities impact lack of connection with carer's statement 	<p>Advice for:</p> <p>Young Carer's:</p> <ul style="list-style-type: none"> Young Scot (NB. Young Carer's Grants available) <p>Teachers/Parents/Young Carer's:</p> <ul style="list-style-type: none"> Supporting Young Carers in Education Carer's Trust <p>Unpaid carers</p> <ul style="list-style-type: none"> Scottish Government advice about Covid-19

Disability or Complex Additional Support Needs	<ul style="list-style-type: none"> broad range ASNs 	<ul style="list-style-type: none"> in school many children receive additional support from different sources including supportive learning and teaching approaches from class teachers, pupil support assistants, digital accessibility tools, or resources adapted specifically for their needs. These may may not be available when they are learning at home 	<p>Advice for Children and Young People:</p> <ul style="list-style-type: none"> Hello! Dyslexia Unwrapped by Dyslexia Scotland Reach - CYP's website explaining rights to education and support <p>Parents:</p> <ul style="list-style-type: none"> Supporting CYP during COVID - Addressing Dyslexia Supporting CYP during COVID - Autism Toolbox <p>Practitioners</p> <p>Supporting Learners and Families Addressing Dyslexia Supporting Learners and Families Autism Toolbox Home (booksforall.org.uk)</p>
	<ul style="list-style-type: none"> complex ASNs 	<ul style="list-style-type: none"> strain on or breakdown of relationships strain due to financial/employment instability of primary carer reduced contact with services to support care routines, moving and handling and/or postural management health and/or wellbeing concerns due to prolonged or reduced access to specialist equipment or support lack of appropriate resources for learning at home. For example, sensory based resources and appropriate IT hardware and communication software. Variations in the level of knowledge and skills required to operate appropriate IT hardware and communication software at home 	<ul style="list-style-type: none"> UK GOV - free online ASN resources and Apps for learning at home Addressing Dyslexia Toolkit Autism Toolbox – new Covid 19 information page British Academy of Childhood Disability – Resources CALL Scotland – symbol and sensory resources ENABLE - information and support ENQUIRE: General advice - ASL Mencap – ‘Involve Me’ booklet – decision making and PMLD PAMIS –Support for CYP with PMLD and their carers/parents The Sensory Projects - COVID 19 educational resources ES – Additional Support Needs - Resources ES – Complex Needs Resources for learning at home
	<ul style="list-style-type: none"> deaf and hearing loss 	<ul style="list-style-type: none"> deaf parents may find home-schooling difficult if BSL rather than English is their first language limited access to information and online learning suitable for deaf learners (or parents) reduced access to subtitled on-line learning and teaching resources lack of ongoing mentoring/advocacy support as deaf learners often need face to face support lack of targeted information in BSL 	<ul style="list-style-type: none"> COVID 19 Information in BSL Information and support during the coronavirus (COVID-19) outbreak - RNID BSL glossary of subject terms BSL - Coronavirus (COVID-19) Social Distancing You Tube BSL users access to the online British Sign Language video relay interpreting service (VRS) 24 / 7 British Deaf Association Mentoring Officer Email: mentorscot.drp@bda.org.uk

	<ul style="list-style-type: none"> • blind and partially sighted 	<ul style="list-style-type: none"> • lack of accessible information • lack of advice around safe sight guiding and social distancing • reduced access to physical activity • reduced access to accessible learning resources (including books) • parents overwhelmed by or lack confidence with home learning, for example, using online resources or braille 	<ul style="list-style-type: none"> • RNIB Email cypfscotland@rnib.org.uk Phone 0303 123 9999 • Video in child friendly language and does not rely on visual information • Sight Advice FAQ – How to guide safely & social distancing • National Accessible Library – free downloadable books • Perkins School for the Blind - stay-at-home activities • Learn Unified English Braille (UEB) online • Humanware - support for IT products via webinars:
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