

From Poverty

to

Flourishing



Highland Council Psychological Service



# Exploring the participation of young people in their Child's Plan meetings

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#PovertytoFlourishing2022

The construct of participation is made up of two concepts; involvement and engagement  
Steinhardt (2021)

# Exploring the participation of young people in their Child's Plan meetings

Meeting: "an assembly of people for a particular purpose, especially for formal discussion"  
(Lexico.com)

Meeting: "an occasion when people come together to discuss or decide something"  
(Oxford Dictionary)

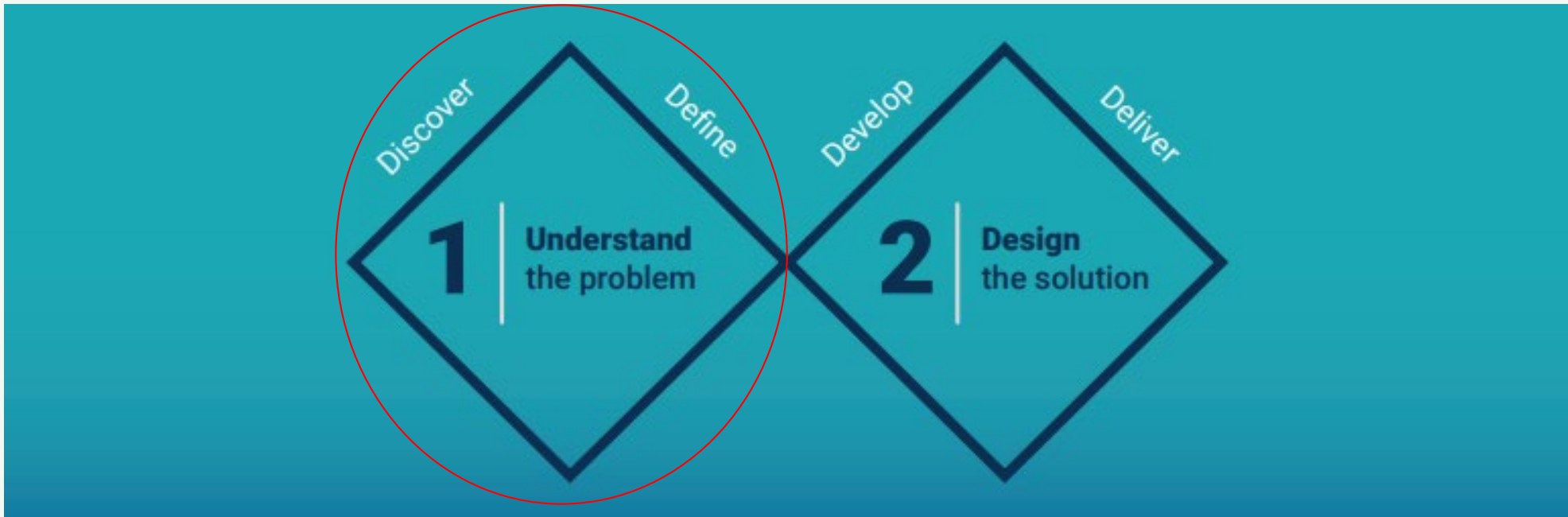


Figure 1: Design Council Double Diamond Model

A decorative border made of teal-colored leaves and stems, framing the entire page. The leaves are simple, oval-shaped, and arranged in a repeating pattern along the top, bottom, and sides.

# The Problem

- Absence of young people with ASN in their Child's Plan meetings where their additional support is planned and reviewed



# Participation of YP at meetings

- Published, unpublished and 'grey' (E.g., reports, theses etc.) literature from the period January 2004 to January 2022 was searched for relevant studies.
- Strathclyde University Library Databases (Education, Social, Health and Psychology)
- Search terms

Meeting Type

Professional

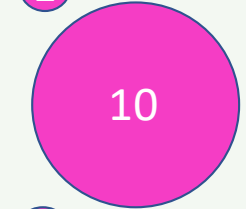
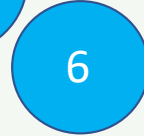
Parent

Young People

Multi-agency Meeting



Care Planning & Review



Transition Meeting



Solution Focused Meeting

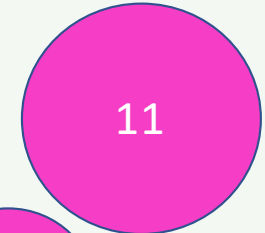
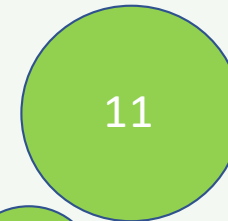


Person Centred Planning (PCP)



Consultation

Education, Health & Care Plan



Individualised Education Plan



Coordinated Support Plan



Child's Plan



# What the literature suggests

- What do YP report is their experience of participating in meetings?

- Who will be there?
- What will happen
- Visuals
- Record views before meeting
  
- What is the purpose?
- Do you want to take part?



- Familiarity of relationship
- They know me
- I don't know them



# What the literature suggests

- What do YP report is their experience of participating in meetings?

What does help?	What is not so helpful	What could help?
People listen to you	Too many people in suits	Being better prepared
Choices about who to ask and where to hold meeting	Making plans which depend on funding which might not happen	Making a backup plan
Being prepared for the meeting	Actions not following through	Person centred meetings
Visual plans	Meeting without you present	Something written or drawn to take away
People act to make things happen	Decisions taken without your agreement	Someone to follow through and make sure things are happening
Newman et al (2009)	Key people missing	Creative thinking, focusing on strengths not needs





# ASL Review (2020)



**What did children and young people with additional support needs tell Angela?**

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☆ **Children and young people need to feel involved in sharing their views when decisions are being made.** Children and young people have their own views on what works for them and what kind of support they need.



Provision



Protection



Participation



UNCRC

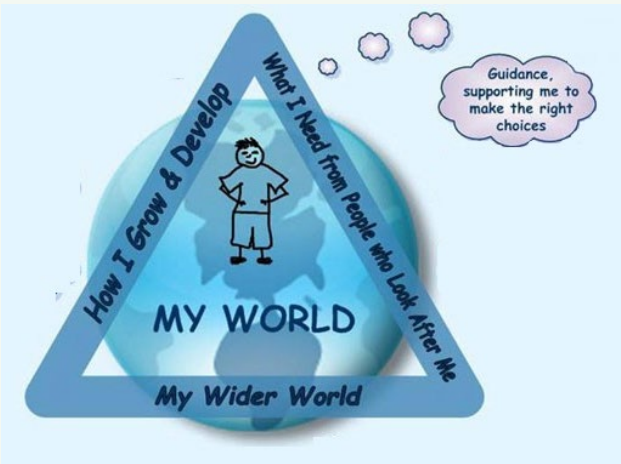
Article 12 'respect for the views of the child'

Article 13 'freedom of expression'



# Why this is important?

*“effective participation in decision-making is a learned behaviour. Neither children, nor the adults working with them, were born with this skill.”*



- Readiness to change
- Self-determination theory (Deci & Ryan)
  - Autonomy
  - Competence
  - Relatedness

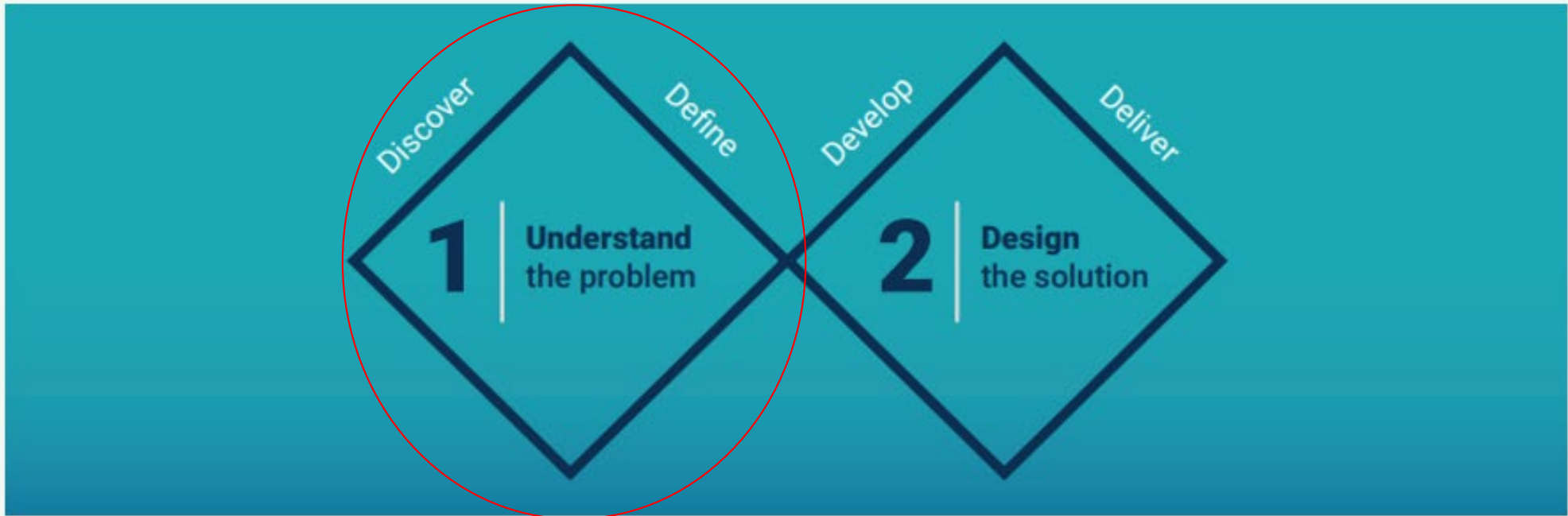
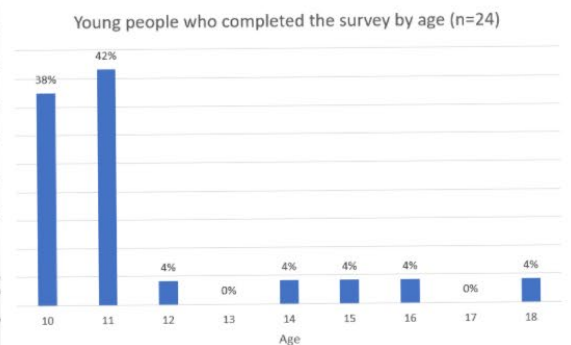


Figure 1: Design Council Double Diamond Model

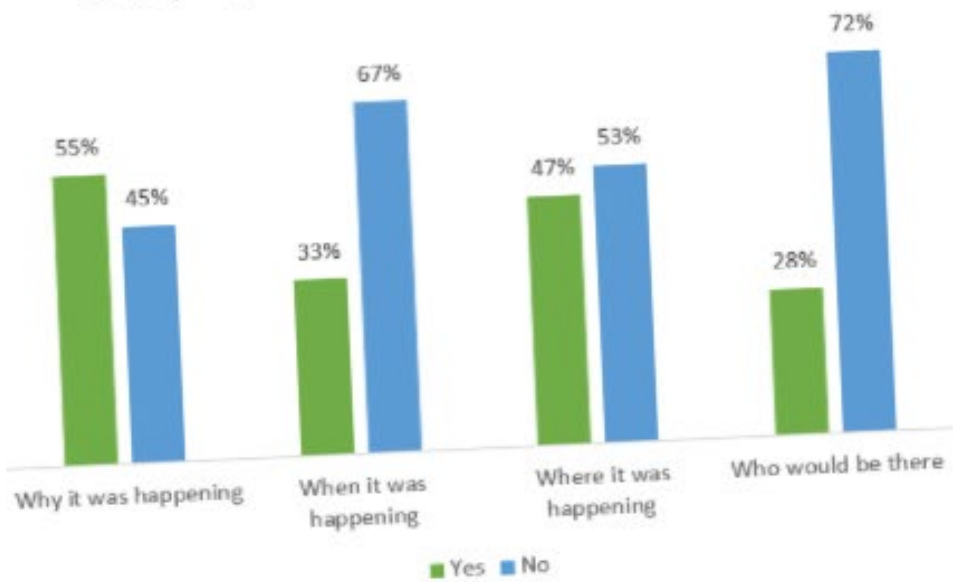
# Exploratory survey

## Participation of young people in Child's Plan meetings

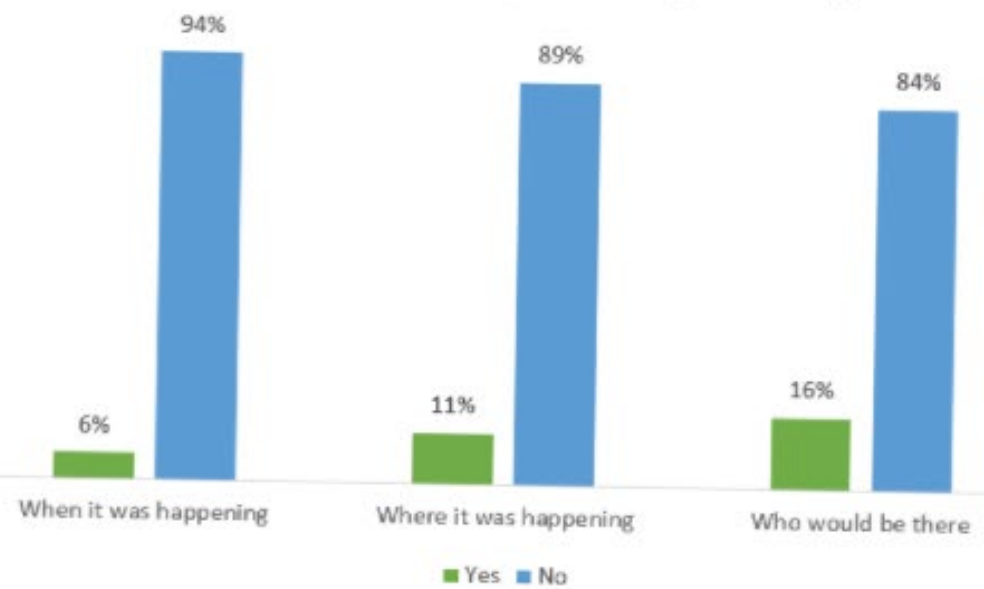
A total of 24 young people responded to an online survey to explore the participation of young people in Child's Plan meetings. Over half of those who responded identified as male (58%) and 38% identified as female with 4% preferring not to say. The majority of responses (80%) were from primary aged young people.



### Were you given information about the meeting?

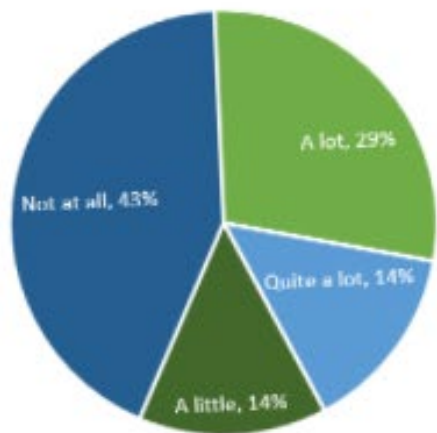


### Did you have a say in the planning?



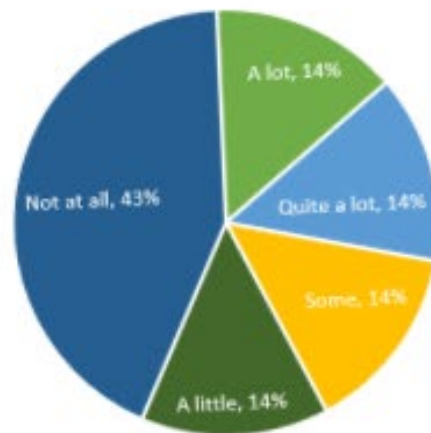
### How much were you listened to?

■ A lot ■ Quite a lot ■ Some ■ A little ■ Not at all



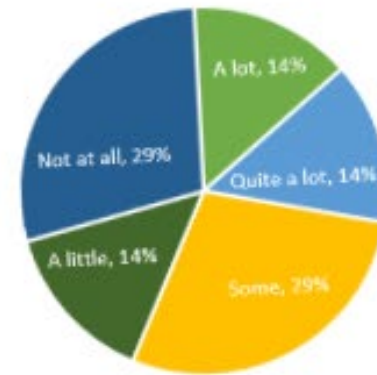
### How much choice did you feel you had?

■ A lot ■ Quite a lot ■ Some ■ A little ■ Not at all



### How much did your views influence the decisions at the meeting?

■ A lot ■ Quite a lot ■ Some ■ A little ■ Not at all

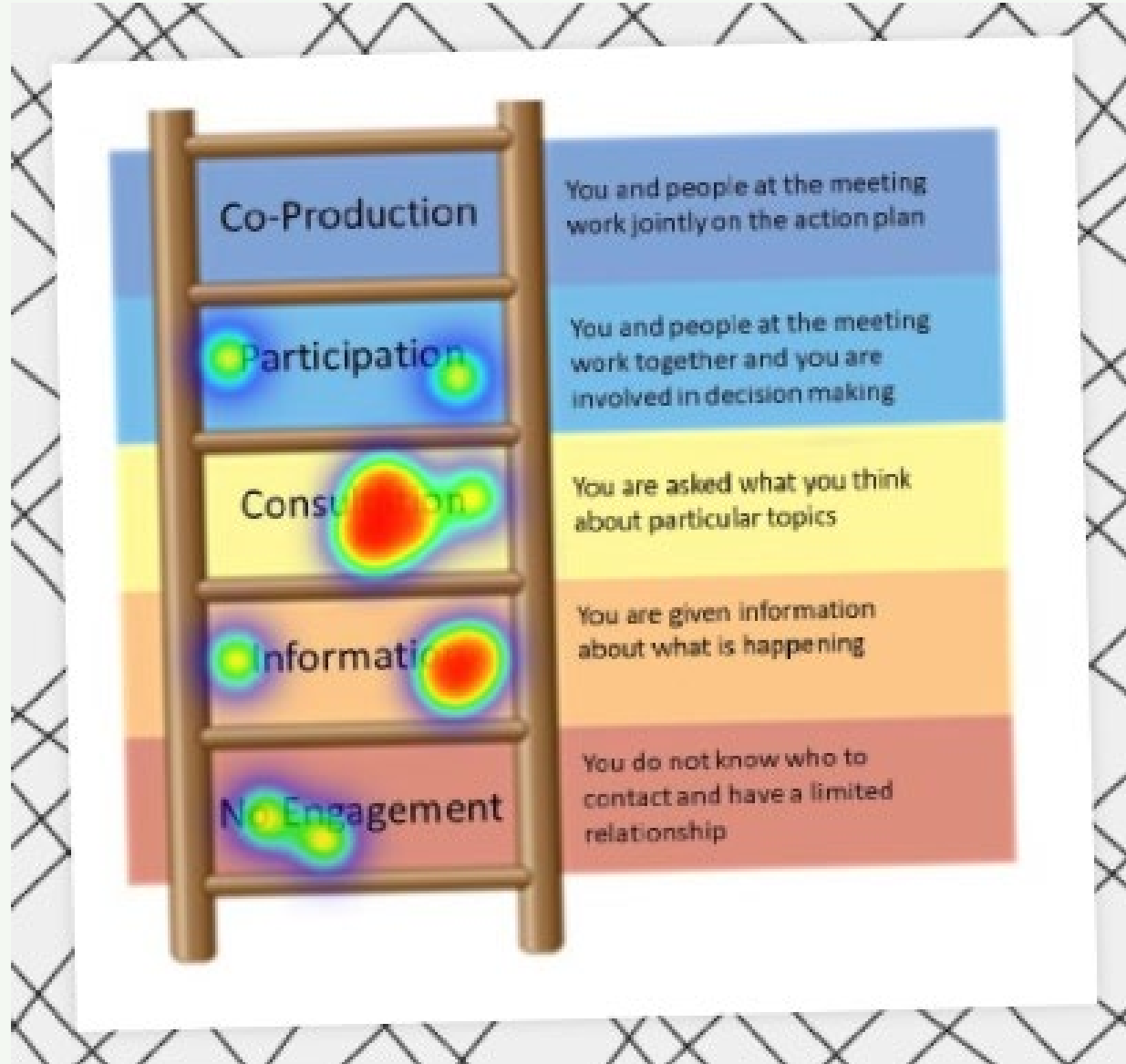


Do you think you could have been involved more?





# Level of Participation





What  
makes a  
good  
meeting?

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If I was heard

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Being listened to

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Listening to each other

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Really not sure, think it is for adults

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To discuss whats happening

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Talking – everyone gets a chance to speak

A decorative border of light green leaves and branches frames the entire page. The leaves are simple, rounded shapes on thin stems.

# What makes an unhelpful meeting?

I don't want any kids to know about it

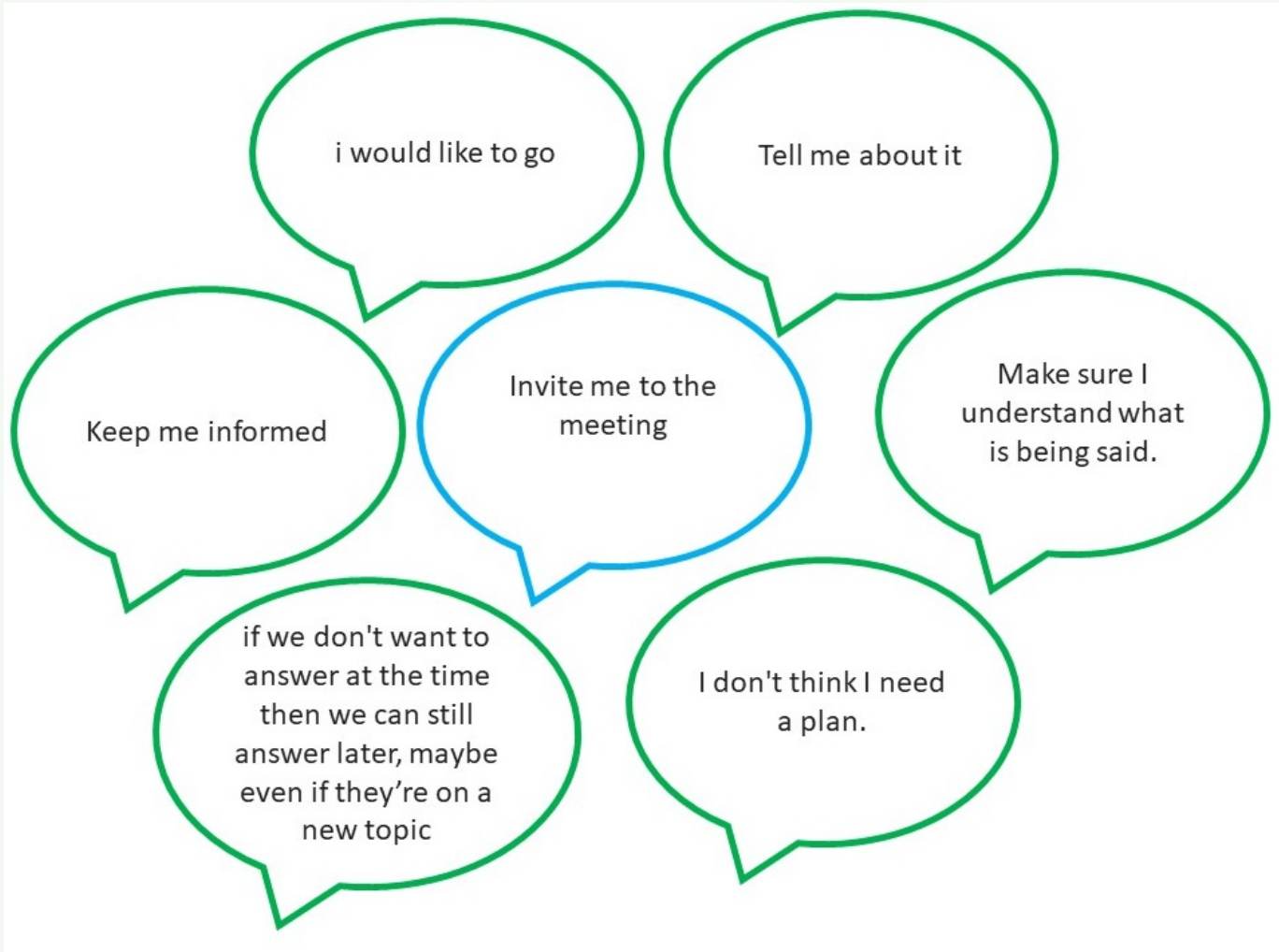
Taking my private stuff

Silence

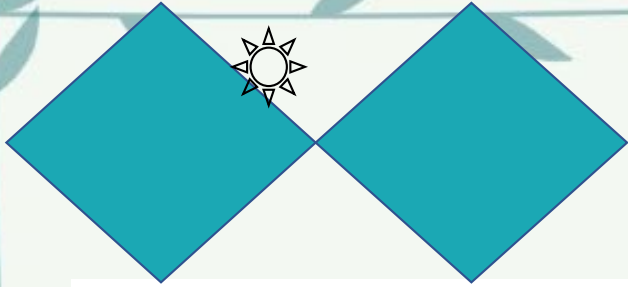
Loud unhelpful people

When people don't listen

Being talked over



If you could give adults one piece of advice about how to involve you in your Child's Plan meeting, what would it be?



**Preferred language or form of communication and support required to attend meetings (Child and parents)**

(e.g. use BSL, needs interpreter, prefers contact by mobile phone, disabled access, supporter, etc.)

Click here to enter text.

**Child/Young Person's views (must be completed)**

Click here to enter text.



<https://highlandcouncilpsychologicalservice.wordpress.com/publications/gathering-the-views-of-children-and-young-people/>

# THE EDUCATION HEALTH AND SOCIAL CARE PLAN AND THE PERSON CENTRED CONNECTION

Created by Council for Disabled Children and funded by the Department for Education  
Animation by Jonny Glover



## EHCP

### WHAT IS AN EDUCATION, HEALTH & SOCIAL CARE PLAN AND WHO IS IT FOR?



## Factsheet #5: Involving children & young people in formal meetings

# Advice for parents in Scotland

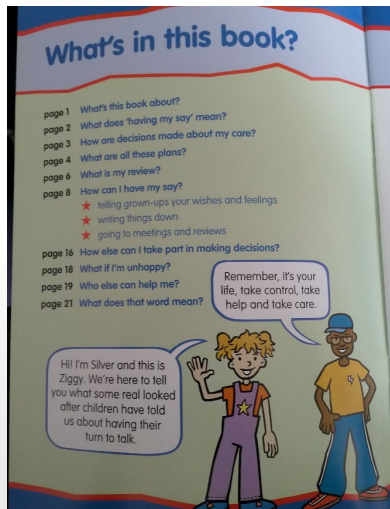
## How can I get the most from meetings with the school?

You and your parents will be invited to the meeting.

Other people who work with your family will also be invited.

At the meeting everyone will talk about...

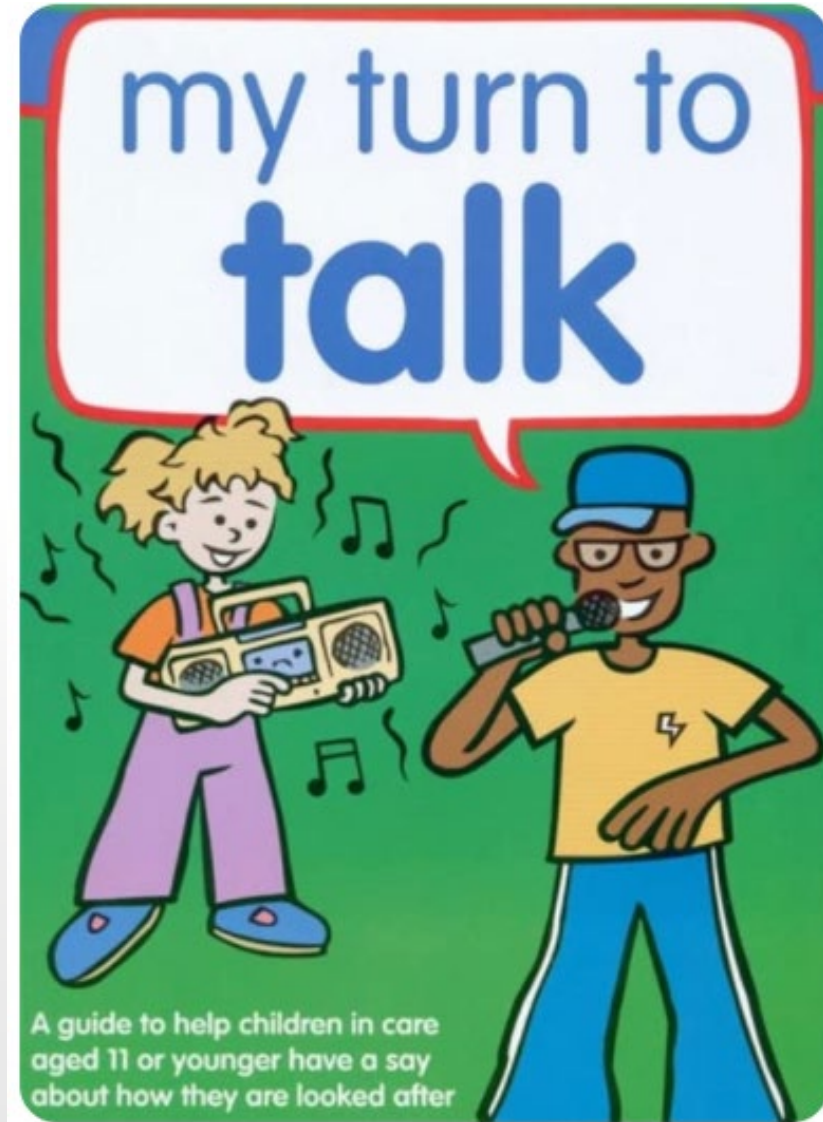
- what support is needed
- who needs to give the support
- what they need to do and by when.

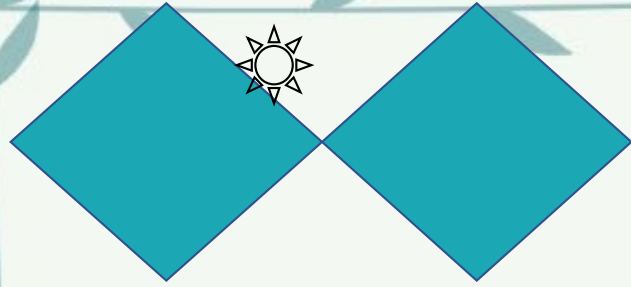


An Easy Read guide to...

**Joined up planning for children, young people and young adults**

Children and Young People version





## Activity - Padlet

- What materials are written for the target audience of young people which explain the Child's Plan?
- What materials are written for the target audience of young people which explain meetings?





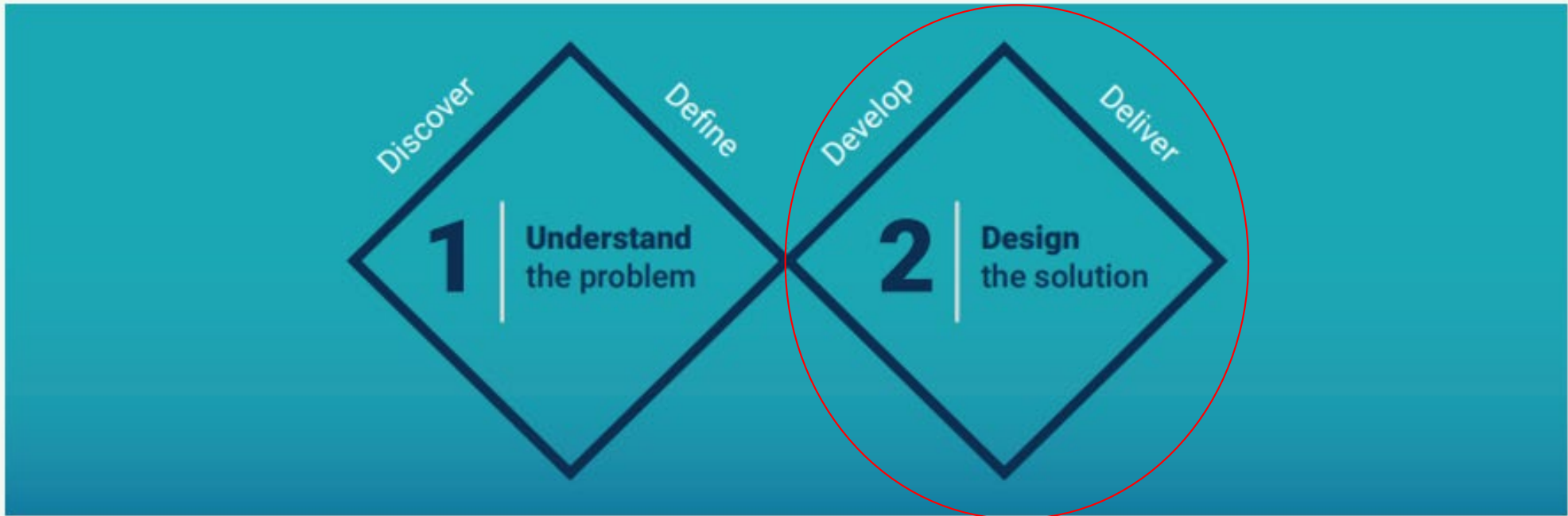


Figure 1: Design Council Double Diamond Model



# Co-design guidance with young people



<https://hubnanog.ie/participation-framework/>



# Decision making at Child's Plan meetings



Thank  
you

