

**Water Safety Scotland**  
**Surfing 'mini' toolkit 2024**

Surfing is a monthly topic within Water Safety Scotland (WSS)'s prevention toolkit and features in September but can be used across the year, as appropriate.

**Key message:**

Scotland's seas are enjoyed by a wide range of people for exciting activities– but it's vital we know how to enjoy the water safely. It's always best to be prepared before doing the sport.

To do this, follow the [Surfing Water Safety Code](#) which contains advice specific to the activities of Surfing. Moreover, ensure that you have read the [Surfing Etiquette](#) prior to taking part in the activity.



**Website link:** <https://watersafetyscotland.org.uk/advice-hub/activity-safety/surfing/>

**Assets**

Specific assets have been created for this package. These include:

- Social media assets (detailed below)

**Suggested social media posts:**

<p>Heading out to catch some waves? Make sure you are wearing the appropriate wet suit and leash to stay safe when surfing in Scottish waters. You can access the Surfing Safety Code here: <a href="https://tinyurl.com/487t4z65">https://tinyurl.com/487t4z65</a> #DrowningPrevention #SurfingSafety</p>	
<p>Before going surfing, make sure you are aware of Surf Etiquette and the Rights of Way to keep yourself and others safe in the sea. A safe surf is a stoke surf! #DrowningPrevention #SurfingSafety</p>	



water safety  
Scotland

Always try and go surfing with someone else. Having a surf companion will lead to a safer and more enjoyable trip.  
#DrowningPrevention  
#SurfingSafety



Be aware of rip currents or other hidden dangers. Understand the local advice for the area you are surfing in prior to heading out on the waves. Find the Surfing Safety Code through the following link:  
<https://tinyurl.com/487t4z65>  
#DrowningPrevention  
#SurfingSafety

